

TRAVEL PHOTOGRAPHY EXPERIENCE INCLUDED | 特别安排古城旅拍体验 **7D6N**

**Amazing** 中  
**CHINA** 国

# 云南：风的故乡

(香格里拉 / 昆明 / 大理 / 丽江)

## YUNNAN: THE LAND OF THE WIND

### SHANGRI-LA / KUNMING / DALI / LIJIANG

Penang ✈️ Kunming

Tour Code: PCK-5

**Golden**  
**Destinations**



China  
中国



**THAI**



Tiger Leaping Gorge  
虎跳峡



Songzanlin Monastery  
颂赞林寺



Jade Dragon  
Snow Mountain  
玉龙雪山



Blue Moon Valley  
蓝月谷

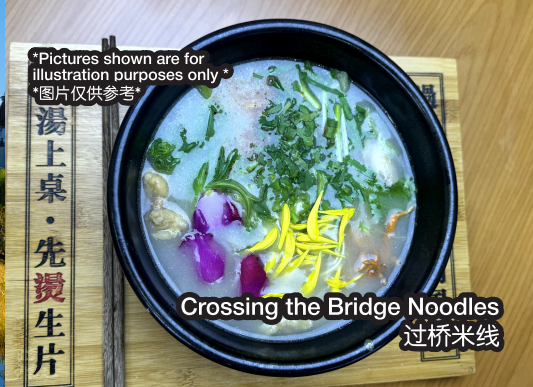
行程次序，以当地旅社安排为准。  
Sequences of Itinerary are subject to local arrangement.



Lijiang Ancient Town  
丽江古城



Erhai Lake  
洱海



Crossing the Bridge Noodles  
过桥米线

## 精简行程

**第一天** 槟城 ✈️ 中转城市 ✈️ 昆明 (170公里) 楚雄 (机上用餐/晚)

- ☑️ 晚餐后，入住酒店

**第二天** 楚雄 (175公里) 大理 (200公里) 丽江 (早/午/)

- ☑️ 洱海金梭岛 (含电瓶车+摆渡船+龙宫溶洞+白族民俗《海棠花》表演)
- ☑️ 丽江古城
- \*特别安排古城旅拍体验 (含一套服装+1次妆发+旅拍)

**第三天** 丽江 (早/午/晚)

- ☑️ 玉龙雪山: 冰川公园 (含往返索道)
- ☑️ 蓝月谷: 被誉为小九寨沟 (含电瓶车)
- ☑️ 张艺谋导演执导实景秀《印象丽江》
- ☑️ 玉水寨

**第四天** 丽江 (185公里) 香格里拉 (早/午/晚)

- ☑️ 虎跳峡 (含上下扶梯)
- ☑️ 和谐塔中塔 (世界最大佛教白塔)
- ☑️ 独克宗古城 (龟山公园、转经筒)

**第五天** 香格里拉 (315公里) 大理 (早/午/晚)

- ☑️ 松赞林寺 (含环保车)
- ☑️ 大理古城

**第六天** 大理 (303公里) 昆明 (早/午/晚)

- ☑️ 喜洲古镇
  - 大理白族居民 (品三道茶及观看歌舞表演)
  - 喜洲网红小马车
- ☑️ 金马碧鸡坊
- ☑️ 南屏步行街
- ☑️ 钱王街
- ☑️ 南强市集

**第七天** 昆明 ✈️ 中转城市 ✈️ 槟城 (早/午/机上用餐)

- ☑️ 翠湖公园

## 特色景点：

### 丽江 (平均海拔约2400米左右)

- ◆ **丽江古城** - 世界文化遗产，具有800多年历史的丽江古城，始建于南宋末年。街道不拘于工整而自由分布，主街傍水，小巷临渠，300多座古石桥与河水、绿树、古巷、古屋相依相映，极具高原水乡古树、小桥、流水、入家的美学意韵。
- ◆ **玉龙雪山大索道** - 一个联合国教科文组织世界遗产，以其生物多样性、独特的气候区域和对纳西族文化的重要性而著名。缆车提供通往壮丽全景的途径，而雪杉坪成为了最受欢迎的目的地。
- ◆ **蓝月谷景区** - 蓝月谷最著名的景点是蓝月池，这是山脚下的一片风景如画的湖泊。湖水倒映着天空和周围的风光，创造出令人陶醉的镜像效果。

### 大理 (平均海拔约2090米左右)

- ◆ **大理古城** - 简称榆城又称洋人街，位居风光亮丽的苍山脚下。大理古城是全国首批历史文化名城之一。街边有各种专卖大理石制品、扎染、草编等名特产的店铺和风味十足的白族饮食店。

### 中甸 (香格里拉) (平均海拔约3160米左右)

- ◆ **松赞林寺** - 云南省规模最大的藏传佛教寺院，也是康区有名的大寺院之一，还是川滇一带的黄教中心，在整个藏区都有着举足轻重的地位，被誉为“小布达拉宫”。该寺依山而建，外形犹如一座古堡，集藏族造型艺术之大成，又有“藏族艺术博物馆”之称。
- ◆ **独克宗古城** - 又名“月光古城”藏语意为白色石头城。在这里还可以参观获颁吉尼斯记录的世界上最大的转经筒。
- ◆ **虎跳峡** - 分为上虎跳、中虎跳、下虎跳三段，是中国最深的峡谷之一，体验大自然惊心动魄的壮美。

### 昆明 (平均海拔约1890米左右)

- ◆ **金马碧鸡坊** - 高12米，宽18米，雕梁画栋精美绝伦，东坊临金马山而名为金马坊，西坊靠碧鸡山而名为碧鸡坊，是昆明的象征。
- ◆ **南屏步行街** - 南屏街是昆明历史上的老街区，也是昆明市古老的商业街，其中南屏街是昆明旧时的金融、商业和娱乐中心，维持城市中心区的吸引力，设立步行街，鼓励商业、文化和娱乐发展。



✓ 6 早餐 / 6 午餐 / 5 晚餐

风味餐:

- ★ 菌火锅
- ★ 过桥米线
- ★ 宫廷御宴
- ★ 藏族风味



酒店住宿 (6晚)

- ✓ 楚雄维也纳国际酒店或同级 X1 晚
- ✓ 丽江古城花马君亭花园酒店或同级 X2 晚
- ✓ 香格里拉兰欧国际酒店或同级 X1 晚
- ✓ 大理三塔苑苍山花园酒店或同级 X1 晚
- ✓ 昆明西部智选假日酒店 X1 晚

自费项目: 云南映象歌舞表演 (乙票) (人民币300/人)

免责声明: 必要时黄金旅程保留对行程进行适当调整 (调整景点游览顺序) 以确保行程顺利进行, 会或否事先通知。

备注: 如果旅游行程受到上述问题的影响, 将不予退款或更换。图片仅供参考。



Blue Moon Lake  
蓝月谷



Jade Water Village  
玉水寨



Dukezong Ancient Town  
(World's Largest Praying Wheel)  
独克宗古城 (世界最大转经筒)

## SCHEDULE

**D1** PENANG ✈️ TRANSIT CITY ✈️ KUNMING  
(176KM) CHUXIONG (MOB/D)

- ☑ After dinner, check-in hotel

**D2** CHUXIONG 🚗 (175KM) DALI 🚗 (200KM)  
LIJIANG (B/L/-)

- ☑ Erhai Golden Shuttle Island (Includes buggy, ferry, Dragon Palace cave, and Bai ethnic \*Seaweed Blossom\* performance)
- ☑ Lijiang Ancient Town  
\*Special arrangement: Old town travel photography experience (includes one outfit, makeup, and hairstyling session + travel photoshoot)

**D3** LIJIANG (B/L/D)

- ☑ Jade Dragon Snow Mountain: Glacier Park (Includes round-trip cable car)
- ☑ Blue Moon Valley: Known as "Little Jiuzhaigou" (Includes buggy)
- ☑ Impressions of Lijiang: Live-action performance directed by Zhang Yimou
- ☑ Yushui Village

**D4** LIJIANG 🚗 (185KM) SHANGRI-LA (B/L/D)

- ☑ Tiger Leaping Gorge (Includes round-trip handrail escalator)
- ☑ Harmony Pagoda (World's largest white Buddhist stupa)
- ☑ Dukezong Ancient Town (Tortoise Hill Park, Giant Prayer Wheel)

**D5** SHANGRI-LA 🚗 (315KM) DALI (B/L/D)

- ☑ Songzanlin Monastery (Includes eco-bus)
- ☑ Dali Ancient Town

**D6** DALI 🚗 (340KM) KUNMING (B/L/D)

- ☑ Xizhou Ancient Town  
- Bai ethnic culture experience (Includes Three-Course Tea tasting and traditional dance performance)  
- Xizhou Instagram-famous pony cart
- ☑ Jinma Bijie Archway
- ☑ Nanping Pedestrian Street
- ☑ Qianwang Street
- ☑ Nanqiang Market

**D7** KUNMING ✈️ TRANSIT CITY ✈️ PENANG (B/L/MOB)

- ☑ Green Lake Park

## TOURIST ATTRACTIONS:

### LIJIANG (Average Altitude About 2400 Meters)

- ◆ **Lijiang Ancient Town** - A World Cultural Heritage site, the Lijiang Ancient Town has a history of over 800 years, originally built in the late Southern Song Dynasty. The streets are freely distributed without rigid construction, with the main streets running along water and alleys by the canals. More than 300 ancient stone bridges are interspersed with rivers, green trees, ancient alleys, and old houses, creating a beautiful aesthetic of highland water towns with ancient trees, small bridges, flowing water, and homes.
- ◆ **Jade Dragon Snow Mountain Cableway** - A UNESCO World Heritage site known for its biodiversity, unique climatic zone, and importance to Naxi culture. The cableway offers access to breathtaking panoramas, and the Spruce Meadow has become the most popular destination.
- ◆ **Blue Moon Valley Scenic Area** - The most famous attraction in Blue Moon Valley is Blue Moon Lake, a picturesque lake at the foot of the mountains. The water reflects the sky and surrounding scenery, creating a mesmerizing mirror effect.

### DALI (Average Altitude About 2090 Meters)

- ◆ **Dali Ancient Town** - Also known as Yucheng or Foreigner Street, it is located at the foot of the beautiful Cangshan Mountain. Dali Ancient Town is one of the first national historical and cultural cities. Along the streets, there are various shops specializing in marble products, tie-dye, grass weaving, and other famous specialty products, as well as Bai ethnic flavor eateries.

### ZHONGDIAN (SHANGRI-LA) (Average Altitude About 2400 Meters)

- ◆ **Songzanlin Monastery** - The largest Tibetan Buddhist monastery in Yunnan Province and one of the most famous monasteries in the Kham region, it is also the center of the Gelugpa sect in the Sichuan-Yunnan area. It holds significant importance in the entire Tibetan region and is known as the "Little Potala Palace." The monastery is built on a hillside, resembling an ancient fortress, and is a masterpiece of Tibetan architectural art, also called the "Museum of Tibetan Art."
- ◆ **Dukezong Ancient Town** - Also known as "Moonlight Ancient Town," in Tibetan, it means White Stone City. Here, you can also visit the world's largest prayer wheel, awarded a Guinness World Record.
- ◆ **Tiger Leaping Gorge** - Divided into Upper Tiger Leaping, Middle Tiger Leaping, and Lower Tiger Leaping sections, it is one of the deepest gorges in China, offering an awe-inspiring experience of nature's grandeur.

### KUNMING (Average Altitude About 1890 Meters)

- ◆ **Golden Horse and Jade Rooster Archways** - Standing 12 meters high and 18 meters wide, these intricately carved and painted archways are symbols of Kunming. The eastern archway is named Golden Horse Archway after the nearby Jinma Mountain, and the western archway is named Jade Rooster Archway after the Bijie Mountain.
- ◆ **Nanping Pedestrian Street** - Nanping Street is a historical old district of Kunming and an ancient commercial street of the city. It was once the financial, commercial, and entertainment center of old Kunming. Now a pedestrian street, it continues to attract people and promote the development of commerce, culture, and entertainment in the city's central area.



✓ 6 Breakfasts / 6 Lunches / 5 Dinners

**SPECIAL CUISINE:**

★ Mushroom Hotpot

★ Imperial Banquet



★ Crossing-the-bridge Rice Noodles

★ Tibetan-style Cuisine



**HOTEL OR SIMILAR (6 NIGHTS)**

✓ Chuxiong Vienna International Hotel or similar

X1 Night

✓ Lijiang Huama Junting Hotel or similar

X2 Nights

✓ Shangri-la Lanou International Hotel or similar

X1 Night

✓ Dali Santayuan Hotel or similar

X1 Night

✓ Kunming Holiday Inn Express or similar

X1 Night

**Optional Tour:** Yunnan Impression Song and Dance Performance (B Ticket) (300 RMB per person)

Disclaimer: Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic accepted by the above issue. All pictures are for illustration purpose only.

# General Information

## ·昆明 KUNMING·



<b>货币</b> Currency 	中国元 - CNY 人民币 - RMB Chinese Yuan - CNY Renminbi - RMB	<b>信用卡</b> Credit Card 	* 致电信用卡中心，以延长你的信用卡额度 * Major credit cards such as Visa and Master card are mostly widely used
<b>货币兑换率</b> Exchange Rate 	10 元 = 马币 6.80 *以当天汇率为准* 10 CNY = MYR 6.80 *Subject to currency of the day*	<b>拨号代码</b> Dial Code 	中国 : +86 China : +86
<b>电压</b> Voltage 	电压 - 220伏特 Voltage - almost always 220 V	<b>插座</b> Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型+一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
<b>时差</b> Time Different 	中国 - 时间与马来西亚时间标准时无相差 China - No time different with Malaysia	<b>行李托运</b> Luggage Allowance 	每人只限携带一件不超过7公斤的手提行李上机，以及托运行李不超过25公斤。 Each individual are entitled to check in 1 luggage of not more than 25 kg and a hand carry bag not more than 7 kg.
<b>气候</b> Weather 	<input type="checkbox"/> 春季 Spring 03月 (Mar) - 05月(May) 20°C - 6°C <input type="checkbox"/> 夏季 Summer 06月 (Jun) - 08月(Aug) 28°C - 17°C <input type="checkbox"/> 秋季 Autumn 09月 (Sep) - 11月(Nov) 23°C - 15°C <input type="checkbox"/> 冬季 Winter 12月 (Dec) - 02月(Feb) 19°C - 6°C *以当天天气报告为准* *Subject to weather of the day*		
<b>飞机型号</b> Aircraft Type 	<p style="text-align: center;">B737</p>		

Departure Date:	<input type="text"/>	Flight:	<input type="text"/>
出发日期:	<input type="text"/>	航班行程:	<input type="text"/>
Tour Fare:	<input type="text"/>	Airport Tax & Fuel Surcharge:	<input type="text"/>
团费:	<input type="text"/>	机场税及燃油附加费	<input type="text"/>
Tipping:	<input type="text"/>	Agent Collection Fee:	<input type="text"/>
小费:	<input type="text"/>	旅行社代收费	<input type="text"/>
Visa:	<input type="text"/>	Travel Insurance:	<input type="text"/>
签证:	<input type="text"/>	旅行保险:	<input type="text"/>
		TOTAL:	<input type="text"/>
		总数:	<input type="text"/>

GD Partner:

