

Amazing 中国
CHINA 中国

8D7N

绚丽云南

(香格里拉 / 昆明 / 大理 / 丽江)

SHANGRI-LA / KUNMING / DALI / LIJIANG / SHILIN

Penang ✈ Kunming Tour Code: PCK-3

Golden Destinations



China
中国

THAI

全程无购物站
NO SHOPPING STOP

特别安排
SPECIAL ARRANGEMENT

- 入住一晚温泉酒店
- 特色餐: 过桥米线、菌火锅
- 千亩稻田+网红小马车+旅拍
- 中国的圣托里尼-理想邦享用网红下午茶
- One night stay at hot spring hotel
- Special cuisine: Crossing-the-bridge rice noodles, mushroom hotpot
- Explore vast rice fields + trendy pony cart rides + travel photography
- Enjoy popular afternoon tea at Ideal Land, known as the "Santorini of China"



Yulong Snow Mountain
玉龙雪山



Lijiang Old Town
丽江古城



China's Santorini - Ideal State
中国的圣托里尼-理想邦



Baishuihe River + Blue Moon Valley
白水河 + 蓝月谷

行程次序, 以当地旅社安排为准。
Sequences of Itinerary are subject to local arrangement.



Black Dragon Pool
黑龙潭



Songzanlin Monastery
松赞林寺



Stone Forest Scenic Area
石林风景区

精简行程：

第一天 槟城 中转城市 昆明
(90公里) 宜良 (机上用餐/晚)

- ☑ 石林风景区 (含电瓶车)
- ☑ 入住酒店, 享受温泉设施 (请自备泳衣)

第二天 宜良 (90公里) 昆明
(300公里) 大理 (早/午/晚)

- ☑ 中国的圣托里尼——理想邦 (网红下午茶)
- ☑ 大理古城

第三天 大理 (380公里) 香格里拉 (早/午/晚)

- ☑ 苍洱留香
【千亩稻田+网红小马车+旅拍 (赠每人2张照片)】
- ☑ 独克宗古城 (龟山公园+世界最大转经筒)

第四天 香格里拉 (180公里) 丽江 (早/午/晚)

- ☑ 松赞林寺 (含电瓶车)
- ☑ 车游纳帕海
- ☑ 长江第一湾 (车游、赏金沙江风光)
- ☑ 虎跳峡 (含上行大电梯)

第五天 丽江 (早/午/晚)

- ☑ 玉龙雪山风景区冰川公园 (包含区间车+大索道往返)
*如遇索道停运或者索道票无法保证的情况下, 将调整为云杉坪或者牦牛坪小索道
- ☑ 张艺谋《印象丽江》实景歌舞秀
*如遇天气或其它因素《印象丽江》停演, 将以其他景点代替
- ☑ 白水河+蓝月谷 (包含电瓶车)
- ☑ 玉水寨 (学写东巴象形文字+T恤DIY)

第六天 丽江 (190公里) 大理 (早/午/晚)

- ☑ 丽江古城
- ☑ 黑龙潭
- ☑ 喜洲古镇 (严家大院+白族三道茶)

第七天 大理 (300公里) 昆明 (早/午/晚)

- ☑ 漫步于昆明城市:
 - 景星花街
 - 钱王老街
 - 正义坊
- ☑ 夜游
 - 金碧坊
 - 近日楼
 - 南强市集 (网红夜市)

第八天 昆明 中转城市 槟城 (早/午/机上用餐)

观光景点：

丽江 (平均海拔约2400米)

- ◆ **丽江古城** - 世界文化遗产, 具有800多年历史的丽江古城, 始建于南宋末年。街道不拘于工整而自由分布, 主街傍水, 小巷临渠, 300多座古石桥与河水、绿树、古巷、古屋相依相映, 极具高原水乡古树、小桥、流水、入家的美学意韵。
- ◆ **玉龙雪山大索道** - 一个联合国教科文组织世界遗产, 以其生物多样性、独特的气候区域和对纳西族文化的重要性而著名。缆车提供通往壮丽全景的途径, 而雪杉坪成为了最受欢迎的目的地。
- ◆ **蓝月谷景区** - 蓝月谷最著名的景点是蓝月池, 这是山脚下的一片风景如画的湖泊。湖水倒映着天空和周围的风光, 创造出令人陶醉的镜像效果。

大理 (平均海拔约2090米左右)

- ◆ **大理古城** - 简称榆城又称洋人街, 位居风光亮丽的苍山脚下。大理古城是全国首批历史文化名城之一。街边有各种专卖大理石制品、扎染、草编等名特产品的店铺和风味十足的白族饮食店。
- ◆ **大理理想邦-圣托里尼** - 游览背靠苍山面朝洱海的大理新晋网红必打卡, 仿佛走进一个纯白色的梦境, 每一个转角都是绝美风景, 有一种瞬间来到希腊的既视感。

香格里拉 (平均海拔约3160米左右)

- ◆ **松赞林寺** - 云南省规模最大的藏传佛教寺院, 也是康区有名的大寺院之一, 还是川滇一带的黄教中心, 在整个藏区都有着举足轻重的地位, 被誉为“小布达拉宫”。该寺依山而建, 外形犹如一座古堡, 集藏族造型艺术之大成, 又有“藏族艺术博物馆”之称。
- ◆ **独克宗古城** - 又名“月光古城”藏语意为白色石头城。在这里还可以参观获颁吉尼斯记录的世界上最大的转经筒。
- ◆ **虎跳峡** - “世界峡谷之最”, 体验大自然惊心动魄的壮美。

非物质文化遗产体验：

1. 大理：白族三道茶表演
2. 丽江：玉水寨深入体验纳西传统文化：学写东巴象形文字



✓ 7早餐/7午餐/7晚餐

风味餐：

野生菌火锅 土司宴 过桥米线+汽锅鸡



酒店住宿 (7晚)

- ✓ 昆明宜良华美达酒店或同级 x1晚
- ✓ 大理水云书院酒店或同级 x2晚
- ✓ 香格里拉华美达酒店或同级 x1晚
- ✓ 丽江海映朗廷酒店或同级 x2晚
- ✓ 昆明维居金鹰酒店或同级 x1晚

自费项目：云南映象歌舞秀 (乙票) 【300RMB/人】

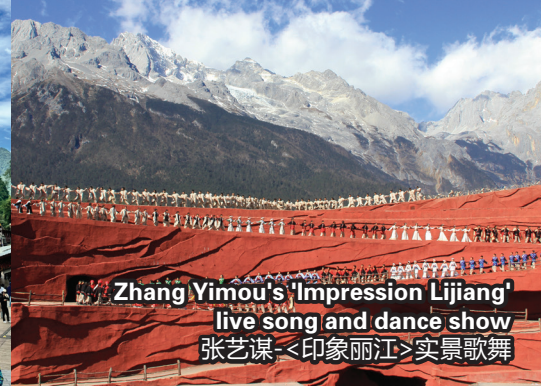
免责声明：黄金旅程保留对行程进行适当调整 (调整景点游览顺序) 以确保行程顺利进行, 这包含毫无通知的情况下。
备注：如果旅游行程受到公共假期、天气状况、自然灾害的影响, 将不予退款或更换。图片仅供参考。



Shuhe Ancient Town
束河古镇



Tiger Leaping Gorge
虎跳峡



Zhang Yimou's 'Impression Lijiang'
live song and dance show
张艺谋 <印象丽江>实景歌舞

SCHEDULE

D1 PENANG ✈️ TRANSIT CITY ✈️ KUNMING 🚗 (90km) YILIANG (MOB/D)

- ☑ Shilin Scenic Area (Electric Buggy)
- ☑ Check-in at the hotel, enjoy the hot spring facilities (Please bring your own swimsuit)

D2 YILIANG 🚗 (90km) KUNMING 🚗 (300km) DALI (B/L/D)

- ☑ China's Santorini - "Ideal State" (Popular afternoon tea spot)
- ☑ Explore Dali Ancient City

D3 DALI 🚗 (380km) SHANGRI-LA (B/L/D)

- ☑ Experience the charm of Cang'er's Fragrance (Thousand-acre rice fields + Trendy horse-drawn carriage ride + Travel photography (includes 2 photos per person))
- ☑ Dukezong (Gui Shan Park + World's largest prayer wheel)

D4 SHANGRI-LA 🚗 (180km) LIJIANG (B/L/D)

- ☑ Songzanlin Monastery (include buggy)
- ☑ Napa Lake (Scenic drive)
- ☑ First Bend of the Yangtze River (Scenic drive, enjoy the Jinsha River landscape)
- ☑ Tiger Leaping Gorge (Includes uphill ride on the large elevator)

D5 LIJIANG (B/L/D)

- ☑ Jade Dragon Snow Mountain Scenic Area Glacier Park (Includes Round-trip shuttle bus and large cable car) * In the event of cableway suspension or an inability to guarantee cableway tickets, it will be adjusted to the Yunsangping or Maoniu Ping small cableway
- ☑ Zhang Yimou's "Impression Lijiang" Live Song & Dance Show * If the 'Impression Lijiang' show is canceled due to weather or other factors, it will be replaced with other attractions
- ☑ Baishuishi River + Blue Moon Valley (Includes electric car)
- ☑ Yushuizhai (Dongba pictographs + T-shirt DIY)

D6 LIJIANG 🚗 (190km) DALI (B/L/D)

- ☑ Lijiang Ancient City
- ☑ Black Dragon Pool
- ☑ Xizhou Ancient Town (Yanjia Courtyard + Bai Ethnic Three-Course Tea)

D7 DALI 🚗 (300km) KUNMING (B/L/D)

- ☑ Strolling in Kunming City:
 - Jingxing Flower Street
 - Qianwang Old Street
 - Zhengyi Arch
- ☑ Night tour
 - Golden Horse and Jade Rooster Archway
 - Jinrilou Building
 - Nanqiang Market (Internet-famous night market)

D8 KUNMING ✈️ TRANSIT CITY ✈️ PENANG (B/L/MOB)

TOURIST ATTRACTIONS:

LIJIANG (Average altitude around 2400 meters)

- ◆ **Lijiang Ancient City** - A UNESCO World Heritage Site with a history of over 800 years, dating back to the late Southern Song Dynasty. The town's streets are laid out in an irregular pattern, with the main streets running along the water, and small lanes beside canals. There are over 300 ancient stone bridges that complement the water, green trees, ancient lanes, and houses, creating a picturesque blend of a high-altitude water town with ancient trees, small bridges, flowing water, and traditional houses.
- ◆ **Jade Dragon Snow Mountain Cable-way** - Part of a UNESCO World Heritage site known for its biodiversity, unique climate zones, and cultural significance to the Naxi people. The cable car provides access to breathtaking panoramic views, and the Spruce Meadow is a popular destination.
- ◆ **Blue Moon Valley Scenic Area** - The most famous feature of Blue Moon Valley is the Blue Moon Pool, a picturesque lake at the base of the mountains. The water reflects the sky and surrounding landscape, creating a mesmerizing mirror effect.

DALI (Average altitude around 2090 meters)

- ◆ **Dali Ancient City** - Also known as Yucheng or Foreigner Street, situated at the foot of the picturesque Cangshan Mountain. Dali Ancient City is one of the first nationally recognized historical and cultural cities. Along the streets, you'll find shops selling various specialties such as Dali marble products, batik, and woven grass products, as well as flavorful Bai ethnic cuisine restaurants.
- ◆ **Ideal Township in Dali** - Santorini: A must-visit hotspot in Dali, presenting a new and trendy attraction with a backdrop of Cangshan Mountain and facing Erhai Lake. It resembles a dreamy, all-white landscape, offering breathtaking scenery at every turn and evoking a sense of being transported to the iconic landscapes of Greece.

SHANGRI-LA (Average altitude around 3160 meters)

- ◆ **Songzanlin Monastery** - The largest Tibetan Buddhist monastery in Yunnan Province and a prominent one in the Kang region. Also known as the "Little Potala Palace," it holds a significant position in the Yellow Sect of Tibetan Buddhism. The monastery, resembling a fortress built into the mountains, showcases the pinnacle of Tibetan architectural art and is often referred to as the "Tibetan Art Museum."
- ◆ **Dukezong Ancient Town** - Also known as the "Moonlight City" in Tibetan, it translates to the White Stone City. Here, you can explore and witness the world's largest prayer wheel, recognized by the Guinness World Records.
- ◆ **Tiger Leaping Gorge** - Known as the "World's Deepest Gorge," it offers a breathtaking experience of nature's awe-inspiring beauty.

Cultural Experience of Intangible Heritage :

1. Dali: White Ethnic Three-Course Tea Performance
2. Lijiang: Yushuizhai Deep Dive into Naxi Traditional Culture - Learn to Write Dongba Pictographic Characters



✓ 7 Breakfast / 7 Lunch / 7 Dinner

Special Cuisine:

Wild Mushroom Hot Pot

Tusi Banquet

Crossing the Bridge Rice Noodles with Steam Pot Chicken



HOTEL OR SIMILAR (7 NIGHTS)

- ✓ Kunming Yiliang Ramada by Wyndham Hotel x 1 Night
- ✓ Dali Shuiyun Academy Hotel x 2 Nights
- ✓ Shangri-la Ramada by Wyndham Hotel x 1 Night
- ✓ Lijiang Haiying Langting Hotel x 2 Nights
- ✓ Kunming Weicasa Golden Eagle Hotel x 1 Night

Optional Tour : Yunnan Image Song and Dance Show (Ticket B) [RMB 300 / person]

Disclaimer: Golden Destinations reserves the right to alter or amend the sequence of the itinerary if necessary, with or without prior notice.

Remark : There will be no refund or replacement if the tour logistic is affected by public holidays, weather conditions, natural disasters. All pictures are for illustration purposes only.

General Information

· 云南 YUNNAN ·



货币 Currency 	中国元 - CNY 人民币 - RMB Chinese Yuan - CNY Renminbi - RMB	信用卡 Credit Card Information 	银联卡 (UNION PAY) 在中国大多地方能使用, VISA和MASTER卡较为限制 UnionPay cards are widely accepted in most locations, while VISA and MasterCard are only accepted at a limited number of places
货币兑换率 Exchange Rate 	10 元 = 马币 6.20 10 CNY = MYR 6.20 <small>*Subject to currency of the day* *以当天汇率为准*</small>	拨号代码 Dial Code 	中国 : +86 China : +86
电压 Voltage 	电压 - 220伏特 Voltage - 220 V	插座 Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
时差 Time Difference 	中国 - 时间与马来西亚时间标准时无相差 China - No time difference with Malaysia	行李托运 Luggage Allowance 	每人只限携带一件不超过7公斤的手提行李上机, 以及托运行李不超过25公斤。 Each individual are entitled to check in 1 luggage of not more than 30 kg and a hand carry bag not more than 7 kg.
气候 Weather 	<input type="checkbox"/> Spring 春季 3月 - 5月 Mar to May 20°C ~ 6°C <input type="checkbox"/> Summer 夏季 6月 - 8月 Jun to Aug 28°C ~ 17°C <input type="checkbox"/> Autumn 秋季 9月 - 11月 Sep to Nov 23°C ~ 15°C <input type="checkbox"/> Winter 冬季 12月 - 2月 Dec to Feb 19°C ~ 6°C <small>*Subject to weather of the day* *以当天天气报告为准*</small>		
飞机型号 Aircraft Type 	A320 Boeing 777		

Departure Date: 出发日期:	<input type="text"/>	Flight : 航班行程:	<input type="text"/>
Tour Fare: 团费:	<input type="text"/>	Airport Tax & Fuel Surcharge: 机场税及燃油附加费:	<input type="text"/>
Tipping: 小费:	<input type="text"/>	Agent Collection Fee: 旅行社代收费:	<input type="text"/>
Visa: 签证:	<input type="text"/>	Travel Insurance: 旅行保险:	<input type="text"/>
		TOTAL : 总数:	<input type="text"/>



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ICE HOLIDAYS SDN BHD
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GD Partner: