

Amazing CHINA 中国

# 8D7N 香格里拉 / 昆明 / 大理 / 丽江 / 石林

SHANGRI-LA / KUNMING / DALI / LIJIANG / SHILIN

Penang ✈ Kunming Tour Code: PCK-3



China  
中国

### 特别赠送 SPECIAL FREE

温泉酒店泡汤, 请自备泳衣  
Deluxe 5\* Hot spring Hotel, please  
prepare your own swimsuits.



Yulong Snow Mountain Scenic Area  
玉龙雪山



Lijiang Old Town and Sifang Street  
丽江古城



China's Santorini - Ideal Kingdom  
中国的圣托里尼—理想邦



Baishuihe River + Blue Moon Valley  
白水河 + 蓝月谷

行程次序, 以当地旅社安排为准。  
Sequences of Itinerary are subject  
to local arrangement.



Black Dragon Pool  
黑龙潭



Songzanlin Monastery  
松赞林寺



Stone Forest Scenic Area  
石林风景区

## 精简行程：

第一天 槟城 中转城市 昆明  
(90公里) 宜良 (机上用餐/晚)

- ☑ 石林风景区 (含电瓶车)
- ☑ 入住酒店, 享受温泉设施 (请自备泳衣)

第二天 宜良 (90公里) 昆明  
(300公里) 大理 (早/午/晚)

- ☑ 中国的圣托里尼——理想邦 (网红下午茶)
- ☑ 大理古城
- ☑ 洋人街

第三天 大理 (380公里) 香格里拉 (早/午/晚)

- ☑ 苍洱留香  
【千亩稻田+网红小马车+旅拍 (赠每人2张照片)】
- ☑ 独克宗古城 (龟山公园+世界最大转经筒)

第四天 香格里拉 (180公里) 丽江 (早/午/晚)

- ☑ 松赞林寺 (含电瓶车)
- ☑ 车游纳帕海
- ☑ 天空之门
- ☑ 长江第一湾 (车游、赏金沙江风光)
- ☑ 虎跳峡 (含上行大电梯)

第五天 丽江 (早/午/晚)

- ☑ 玉龙雪山风景区冰川公园 (包含区间车+大索道往返)  
\*如遇索道停运或者索道票无法保证的情况下, 将调整为云杉坪或者牦牛坪小索道
- ☑ 甘海子 (张艺谋-印象丽江实景歌舞秀)  
\*如遇天气或其它因素《印象丽江》停演, 将以及其他景点代替
- ☑ 白水河+蓝月谷 (包含电瓶车)
- ☑ 玉水寨 (学写东巴象形文字+T恤DIY)
- ☑ 束河古镇

第六天 丽江 (190公里) 大理 (早/午/晚)

- ☑ 丽江古城
- ☑ 四方街
- ☑ 黑龙潭
- ☑ 喜洲古镇 (严家大院+白族三道茶)

第七天 大理 (300公里) 昆明 (早/午/晚)

- ☑ 漫步于昆明城市:
  - 景星花街
  - 钱王老街
  - 正义坊
- ☑ 夜游
  - 金碧坊
  - 近日楼
  - 南强市集 (网红夜市)

第八天 昆明 中转城市 槟城 (早/午/机上用餐)

## 观光景点：

### 丽江 (平均海拔约2400米)

- ◆ **丽江古城** - 世界文化遗产, 具有800多年历史的丽江古城, 始建于南宋末年。街道不拘于工整而自由分布, 主街傍水, 小巷临渠, 300多座古石桥与河水、绿树、小巷、古屋相依相映, 极具高原水乡古树、小桥、流水、入家的美学意韵。
- ◆ **玉龙雪山大索道** - 一个联合国教科文组织世界遗产, 以其生物多样性、独特的气候区域和对纳西族文化的重要性而著名。缆车提供通往壮丽全景的途径, 而雪杉坪成为了最受欢迎的目的地。
- ◆ **蓝月谷景区** - 蓝月谷最著名的景点是蓝月池, 这是山脚下的一片风景如画的湖泊。湖水倒映着天空和周围的风光, 创造出令人陶醉的镜像效果。

### 大理 (平均海拔约2090米左右)

- ◆ **大理古城** - 简称榆城又称洋人街, 位居风光亮丽的苍山脚下。大理古城是全国首批历史文化名城之一。街边有各种专卖大理石制品、扎染、草编等名特产品的店铺和风味十足的白族饮食店。
- ◆ **大理理想邦-圣托里尼** - 游览背靠苍山面朝洱海的大理新晋网红必打卡, 仿佛走进一个纯白色的梦境, 每一个转角都是绝美风景, 有一种瞬间来到希腊的既视感。

### 中旬 (香格里拉) (平均海拔约3160米左右)

- ◆ **松赞林寺** - 云南省规模最大的藏传佛教寺院, 也是康区有名的大寺院之一, 还是川滇一带的藏教中心, 在整个藏区都有着举足轻重的地位, 被誉为“小布达拉宫”。该寺依山而建, 外形犹如一座古堡, 集藏族造型艺术之大成, 又有“藏族艺术博物馆”之称。
- ◆ **独克宗古城** - 又名“月光古城”藏语意为白色石头城。在这里还可以参观获颁吉尼斯记录的世界上最大的转经筒。
- ◆ **虎跳峡** - “世界峡谷之最”, 体验大自然惊心动魄的壮美。

## 非物质文化遗产体验：

1. 大理：白族三道茶表演
2. 丽江：玉水寨深入体验纳西传统文化：学写东巴象形文字



7早餐 / 7午餐 / 7晚餐

风味餐：

- ★ 野生菌火锅
- ★ 土司宴
- ★ 过桥米线+汽锅鸡



酒店住宿 (7晚)

- ☑ 昆明宜良华美达酒店或同级 x1晚
- ☑ 大理水云书院酒店或同级 x2晚
- ☑ 香格里拉华美达酒店或同级 x1晚
- ☑ 丽江海映朗廷酒店或同级 x2晚
- ☑ 昆明维居金鹰酒店或同级 x1晚

自费项目：云南映象歌舞秀 (乙票) 【300 RMB/人】

免责声明：由于新冠肺炎疫情旅行限制当地/宗教节日, 公众假期, 天气状况, 交通等情况, 自然灾害, 必要时黄金旅程保留对行程进行适当调整 (调整景点游览顺序) 以确保行程顺利进行, 会或否事先通知。

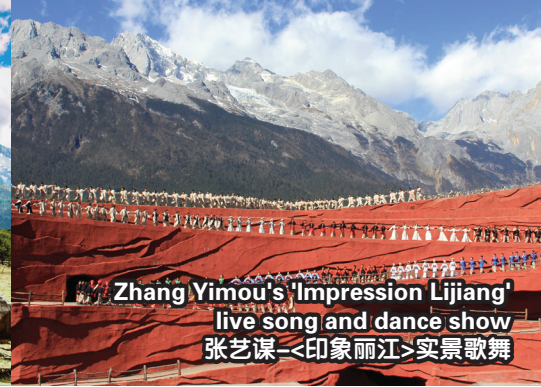
备注：如果旅游行程受到上述问题的影响, 将不予退款或更换。图片仅供参考。



**Shuhe Ancient Town**  
束河古镇



**Ganhaizi Scenic Area**  
甘海子



**Zhang Yimou's 'Impression Lijiang'**  
live song and dance show  
张艺谋-《印象丽江》实景歌舞

## SCHEDULE

### D1 PENANG ✈️ TRANSIT CITY ✈️ KUNMING (90km) YILIANG (MOB/D)

- ☑ Shilin Scenic Area (Electric Buggy)
- ☑ Check-in at the hotel, enjoy the hot spring facilities (Please bring your own swimsuit)

### D2 YILIANG (90km) KUNMING (300km) DALI (B/L/D)

- ☑ China's Santorini - "Ideal State" (Popular afternoon tea spot)
- ☑ Explore Dali Ancient City
- ☑ Wander around Foreigner Street

### D3 DALI (380km) SHANGRI-LA (B/L/D)

- ☑ Experience the charm of Cang'er's Fragrance [Thousand-acre rice fields + Trendy horse-drawn carriage ride + Travel photography (includes 2 photos per person)]
- ☑ Dukezong (Gui Shan Park + World's largest prayer wheel)

### D4 SHANGRI-LA (180km) LIJIANG (B/L/D)

- ☑ Songzanlin Monastery (include buggy)
- ☑ Napa Lake (Scenic drive)
- ☑ Sky Gate
- ☑ First Bend of the Yangtze River (Scenic drive, enjoy the Jinsha River landscape)
- ☑ Tiger Leaping Gorge (Includes uphill ride on the large elevator)

### D5 LIJIANG (B/L/D)

- ☑ Jade Dragon Snow Mountain Scenic Area Glacier Park (Includes Round-trip shuttle bus and large cable car) \* In the event of cableway suspension or an inability to guarantee cableway tickets, it will be adjusted to the Yunsangping or Maoniu Ping small cableway
- ☑ Ganhaizi (Zhang Yimou's 'Impression Lijiang' live song & dance show) \* If the 'Impression Lijiang' show is canceled due to weather or other factors, it will be replaced with other attractions
- ☑ Baishuishi River + Blue Moon Valley (Includes electric car)
- ☑ Yushuizhai (Dongba pictographs + T-shirt DIY)
- ☑ Shuhe Ancient Town

### D6 LIJIANG (190km) DALI (B/L/D)

- ☑ Lijiang Ancient City
- ☑ Sifang Street
- ☑ Black Dragon Pool
- ☑ Xizhou Ancient Town (Yanjia Courtyard + Bai Ethnic Three-Course Tea)

### D7 DALI (300km) LIJIANG (B/L/D)

- ☑ Strolling in Kunming City:
  - Jingxing Flower Street
  - Qianwang Old Street
  - Zhengyi Arch
- ☑ Night tour
  - Golden Horse and Jade Rooster Archway
  - Jinrilou Building
  - Nanqiang Market (Internet-famous night market)

### D8 KUNMING ✈️ TRANSIT CITY ✈️ PENANG (B/L/MOB)

## TOURIST ATTRACTIONS:

### LIJIANG (Average altitude around 2400 meters)

- ◆ **Lijiang Ancient City** - A UNESCO World Heritage Site with a history of over 800 years, dating back to the late Southern Song Dynasty. The town's streets are laid out in an irregular pattern, with the main streets running along the water, and small lanes beside canals. There are over 300 ancient stone bridges that complement the water, green trees, ancient lanes, and houses, creating a picturesque blend of a high-altitude water town with ancient trees, small bridges, flowing water, and traditional houses.
- ◆ **Jade Dragon Snow Mountain Cable-way** - Part of a UNESCO World Heritage site known for its biodiversity, unique climate zones, and cultural significance to the Naxi people. The cable car provides access to breathtaking panoramic views, and the Spruce Meadow is a popular destination.
- ◆ **Blue Moon Valley Scenic Area** - The most famous feature of Blue Moon Valley is the Blue Moon Pool, a picturesque lake at the base of the mountains. The water reflects the sky and surrounding landscape, creating a mesmerizing mirror effect.

### DALI (Average altitude around 2090 meters)

- ◆ **Dali Ancient City** - Also known as Yucheng or Foreigner Street, situated at the foot of the picturesque Cangshan Mountain. Dali Ancient City is one of the first nationally recognized historical and cultural cities. Along the streets, you'll find shops selling various specialties such as Dali marble products, batik, and woven grass products, as well as flavorful Bai ethnic cuisine restaurants.
- ◆ **Ideal Township in Dali** - Santorini: A must-visit hotspot in Dali, presenting a new and trendy attraction with a backdrop of Cangshan Mountain and facing Erhai Lake. It resembles a dreamy, all-white landscape, offering breathtaking scenery at every turn and evoking a sense of being transported to the iconic landscapes of Greece.

### SHANGRI-LA (Average altitude around 3160 meters)

- ◆ **Songzanlin Monastery** - The largest Tibetan Buddhist monastery in Yunnan Province and a prominent one in the Kang region. Also known as the "Little Potala Palace," it holds a significant position in the Yellow Sect of Tibetan Buddhism. The monastery, resembling a fortress built into the mountains, showcases the pinnacle of Tibetan architectural art and is often referred to as the "Tibetan Art Museum."
- ◆ **Dukezong Ancient Town** - Also known as the "Moonlight City" in Tibetan, it translates to the White Stone City. Here, you can explore and witness the world's largest prayer wheel, recognized by the Guinness World Records.
- ◆ **Tiger Leaping Gorge** - Known as the "World's Deepest Gorge," it offers a breathtaking experience of nature's awe-inspiring beauty.

### Cultural Experience of Intangible Heritage :

1. Dali: White Ethnic Three-Course Tea Performance
2. Lijiang: Yushuizhai Deep Dive into Naxi Traditional Culture - Learn to Write Dongba Pictographic Characters



☑ 7 Breakfast / 7 Lunch / 7 Dinner  
Special Cuisine:

- ★ Wild Mushroom Hot Pot
- ★ Tusi Banquet
- ★ Crossing the Bridge Rice Noodles with Steam Pot Chicken



### HOTEL OR SIMILAR (7 NIGHTS)

- ☑ Kunming Yiliang Ramada by Wyndham Hotel x 1 Night
- ☑ Dali Shuiyun Academy Hotel x 2 Nights
- ☑ Shangri-la Ramada by Wyndham Hotel x 1 Night
- ☑ Lijiang Haiying Langting Hotel x 2 Nights
- ☑ Kunming Weicasa Golden Eagle Hotel x 1 Night

Optional Tour : Yunnan Image Song and Dance Show (Ticket B) [RMB 300 / person]

Disclaimer: Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic affected by the above issue. All pictures are for illustration purpose only.

# General Information

## · 昆明 KUNMING ·



<b>货币</b> Currency 	<b>中国元</b> - CNY <b>人民币</b> - RMB Chinese Yuan - CNY Renminbi - RMB	<b>信用卡</b> Credit Card 	* 致电信用卡中心, 以延长你的信用卡额度  * Major credit cards such as Visa and Master card are mostly widely used
<b>货币兑换率</b> Exchange Rate 	<b>10 元 = 马币 6.80</b> <b>10 CNY = MYR 6.80</b>  <small>*Subject to currency of the day* *以当天汇率为准*</small>	<b>拨号代码</b> Dial Code 	<b>China</b> : +86  <b>中国</b> : +86
<b>电压</b> Voltage 	<b>电压 - 220伏特</b>  Voltage - almost always 220 V	<b>插座</b> Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin  类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin  类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
<b>时差</b> Time Different 	<b>中国 - 时间与马来西亚时间标准时无相差</b>  China - No time different with Malaysia	<b>行李托运</b> Luggage Allowance 	每人只限携带一件不超过7公斤的手提行李上机, 以及托运行李不超过30公斤。  Each individual are entitled to check in 1 luggage of not more than 30 kg and a hand carry bag not more than 7 kg.
<b>气候</b> Weather 	<input type="checkbox"/> Spring 春季 3月 - 5月 Mar to May 20°C ~ 6°C <input type="checkbox"/> Summer 夏季 6月 - 8月 Jun to Aug 28°C ~ 17°C <input type="checkbox"/> Autumn 秋季 9月 - 11月 Sep to Nov 23°C ~ 15°C <input type="checkbox"/> Winter 冬季 12月 - 2月 Dec to Feb 19°C ~ 6°C <small>*Subject to weather of the day* *以当天天气报告为准*</small>		
<b>飞机型号</b> Aircraft Type 	A320       Boeing 777		

Departure Date: 出发日期:	<input type="text"/>	Flight: 航班行程:	<input type="text"/>
Tour Fare: 团费:	<input type="text"/>	Airport Tax & Fuel Surcharge: 机场税及燃油附加费:	<input type="text"/>
Tipping: 小费:	<input type="text"/>	Agent Collection Fee: 旅行社代收费:	<input type="text"/>
Visa: 签证:	<input type="text"/>	Travel Insurance: 旅行保险:	<input type="text"/>
		TOTAL: 总数:	<input type="text"/>



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