

Amazing CHINA 中国

01 Way High-Speed Train | 单程动车 8D7N

云南女儿国泸沽湖 (香格里拉 / 昆明 / 大理 / 丽江)

Yunnan Daughter Kingdom Lugu Lake (Shangri-La / Kunming / Dali / Lijiang)

Penang ✈ Kunming Tour Code: PCK-1



China
中国



特别安排

SPECIAL ARRANGEMENT

- 网红稻田 (小马车体验+旅拍)
- 藏装换装秀
- 张艺谋《印象丽江》实景秀表演
- 特色餐: 野生菌火锅、海鲜自助烧烤、过桥米线
- Paddy Field Travel Photography (Pony cart experience)
- Tibetan costume dress-up
- Zhang Yimou's Impression Lijiang live performance
- Specialty meals: Wild mushroom hotpot, seafood buffet BBQ, Crossing-the-bridge rice noodles



Songzanlin Monastery
松赞林寺



Lugu Lake
泸沽湖



China's Santorini - Ideal Kingdom
中国的圣托里尼—理想邦



Blue Moon Valley
蓝月谷

行程次序, 以当地旅社安排为准。

*图片仅供参考

Sequences of Itinerary are subject to local arrangement.

*Pictures shown are for illustration purposes only



Impression Lijiang
印象丽江



Tiger Leaping Gorge
虎跳峡



Jade Dragon Snow Mountain
玉龙雪山

精简行程：

第一天 槟城 ✈️ 中转城市 ✈️ 昆明
(机上用餐/晚)

- ☑️ 漫步于昆明城市：
 - 景星花街
 - 钱王老街
 - 正义坊

第二天 昆明 🚗 (340公里) 大理 (早/午/晚)

- ☑️ 大理想邦-圣托里尼 (含上行电瓶车+网红下午茶)
- ☑️ 大理古城
- ☑️ 洋人街

第三天 大理 🚗 (300公里) 泸沽湖 (早/午/晚)

- ☑️ 喜洲古镇
- ☑️ 大理严家白族居民【品三道茶及观看歌舞表演】
- ☑️ 网红稻田【网红小马车体验+旅拍】
(观看效果根据季节和当地种植情况而定)
- ☑️ 泸沽湖观景台
- ☑️ 摩梭篝火晚会

第四天 泸沽湖 🚗 (200公里) 丽江 (早/午/晚)

- ☑️ 泸沽湖日出美景 (自行观看, 具体观看效果依当天天气为准)
- ☑️ 里务比岛、里务比寺 (含猪槽船环岛)
- ☑️ 丽江古城 (四方街)

第五天 丽江 (早/午/晚)

- ☑️ 玉龙雪山: 冰川公园 (含往返索道)
*如遇索道停运或者索道票无法保证的情况下, 将调整为云杉坪或者牦牛坪小索道
- ☑️ 甘海子
- ☑️ 蓝月谷 (含电瓶车)
- ☑️ 印象丽江歌舞表演
*如遇天气或其它因素《印象丽江》停演, 将以其他景点代替

第六天 丽江 🚗 (180公里) 香格里拉 (早/午/晚)

- ☑️ 虎跳峡 (含往返手扶梯)
- ☑️ 藏装换装秀 (含一套藏服/人+简单妆发一次)
- ☑️ 独克宗古城 (世界最大转经筒)

第七天 香格里拉 🚗 (5小时) 昆明 (早/午/晚)

- *乘搭动车返回昆明
- ☑️ 松赞林寺 (包含电瓶车)

第八天 昆明 ✈️ 中转城市 ✈️ 槟城 (早/午/机上用餐)

- ☑️ 大观楼公园
*四季景观不同, 春赏郁金香和三角梅; 夏赏荷花; 秋赏菊花; 冬遇红嘴鸥

观光景点：

丽江 (平均海拔约2400米左右)

- ◆ **丽江古城** - 世界文化遗产, 具有800多年历史的丽江古城, 始建于南宋末年。街道不拘于工整而自由分布, 主街傍水, 小巷临渠, 300多座古石桥与河水、绿树、古巷、古屋相依相映, 极具高原水乡古树、小桥、流水、入家的美学意韵。
- ◆ **玉龙雪山大索道** - 海拔4506米, 索道全长2914米, 垂直高差1150米, 是中国海拔最高的旅游客运索道之一, 也是北半球最南端终年积雪的山脉。
- ◆ **蓝月谷景区** - 一条从雪山流出的河, 河水是雪山积雪融化后又经层过滤, 在泉水涌出而最终汇成白水河。白水河顺着面谷流入被誉为“小九寨沟”的蓝月谷, 呈现给世人最丰富的色彩和最清澈的池水。

大理 (平均海拔约2090米左右)

- ◆ **大理古城** - 简称榆城, 位居风光亮丽的苍山脚下。大理古城始建于明洪武十五年(1382年), 是全国首批历史文化名城之一。
- ◆ **大理严家白族居民-品三道茶及观看歌舞表演** - 传承着白族传统的民间民俗舞蹈、传统的白族小调和大本曲弹唱等古老的表演形式。一边欣赏歌舞, 一边品尝大理正宗白族“一苦二甜三回味”的三道茶。
- ◆ **大理理想邦-圣托里尼 (含下午茶)** - 这个被称为大理圣托里尼的神仙小镇, 背靠苍山面朝洱海, 仿佛走进一个纯白色的梦境, 每一个转角都是绝美风景, 有一种瞬间来到希腊的既视感。

中甸 (香格里拉) (平均海拔约3160米左右)

- ◆ **松赞林寺** - 云南省规模最大的藏传佛教寺院, 也是康区有名的大寺院之一, 还是川滇一带的黄教中心, 在整个藏区都有着举足轻重的地位, 被誉为“小布达拉宫”。该寺依山而建, 外形犹如一座古堡, 集藏族造型艺术之大成, 又有“藏族艺术博物馆”之称。
- ◆ **独克宗古城** - 又名“月光古城”藏语意为白色石头城。在这里还可以参观获颁吉尼斯记录的世界上最大的转经筒。

泸沽湖 (平均海拔约2690米左右)

- ◆ **里务比岛** - 登上泸沽湖的方式是通过一条壮观的盘山公路, 第一次看到这个被郁郁葱葱的山坡所环绕的50平方公里的湖泊时, 会令您惊叹不已。前往里务比岛, 这是该地区最大的岛屿。
- ◆ **格姆女神山** - 泸沽湖最高的山峰, 在摩梭神话传说中, 此山是格姆女神的化身。

昆明

- ◆ **金马碧鸡坊** - 至今已有近四百年的历史。高12米, 宽18米, 雕梁画栋精美绝伦, 是昆明的象征。
- ◆ **钱王老街** - 最能代表昆明市井生活的名片, 这边有琳琅满目的花、鸟、鱼、虫、古董、珠宝、工艺品, 抬头是昆明的老房, 耳边回荡着地道的昆明方言, 穿插着清脆的鸟鸣声。

体验：

从香格里拉前往昆明, 乘搭动车穿越中国最美铁路之一。



★★★★★ 🍴 🍷 🍴 ★★★★★

✓ 7早餐 / 7午餐 / 7晚餐

风味餐：

马帮菜

野生菌火锅

土司宴

★★★★★ 🛏️ ★★★★★

酒店住宿 (7晚)

- ✓ 昆明西部智选假日酒店或同级 x2晚
- ✓ 大理三塔苑苍山花园酒店或同级 x1晚
- ✓ 丽江祥和一号假日酒店或同级 x2晚
- ✓ 泸沽湖海境酒店或同级 x1晚
- ✓ 香格里拉蜀锦沐云酒店或同级 x1晚

自费项目：云南映象歌舞秀 (乙票) 【300 RMB /人】

免责声明：由于新冠肺炎疫情旅行限制当地/宗教节日, 公众假期, 天气状况, 交通等情况, 自然灾害, 必要时黄金旅程保留对行程进行适当调整 (调整景点游览顺序) 以确保行程顺利进行, 会或否事先通知。

备注：如果旅游行程受到上述问题的影响, 将不予退款或更换。图片仅供参考。



Dukezong City
独克宗古城



Dali Ancient City
大理古城



Songzanlin Lamasery
松赞林寺

SCHEDULE

D1 **PENANG ✈️ TRANSIT CITY ✈️ KUNMING** (MOB/D)

- ☑ Strolling in Kunming City:
 - Jingxing Flower Street
 - Qianwang Old Street
 - Zhengyi Arch

D2 **KUNMING 🚗 (340km) DALI** (B/L/D)

- ☑ Dali Ideal State - Santorini (including uphill electric car ride + trendy afternoon tea)
- ☑ Dali Ancient City
- ☑ Foreigner Street

D3 **DALI 🚗 (300km) LUGU LAKE** (B/L/D)

- ☑ Xizhou Ancient Town
- ☑ Yan Family Bai Ethnic Minority Residence in Dali (Tasting Three-course Tea and Watching Song and Dance Performances)
- ☑ Rice Paddies (Experience Trendy Horse Carriage Ride + Travel Photography) (Viewing experience depends on the season and local planting conditions)
- ☑ Lugu Lake Viewing Platform
- ☑ Mosuo Bonfire Evening Party

D4 **LUGU LAKE 🚗 (200km) LIJIANG** (B/L/D)

- ☑ Lugu Lake Sunrise Beauty (Self-viewing; actual viewing experience depends on the weather of the day)
- ☑ Liwu Bi Island & Liwu Bi Temple (Includes a pig-trough boat tour around the island)
- ☑ Lijiang Ancient Town (Sifang Street)

D5 **LIJIANG** (B/L/D)

- ☑ Jade Dragon Snow Mountain: Glacier Park (including round-trip cable car)
- *In the event of cable car suspension or unavailability of cable car tickets, it will be adjusted to Yunsinping or Maoni Ping Small Cable Car
- ☑ Ganhaizi
- ☑ Blue Moon Valley (including buggy)
- ☑ "Impression Lijiang" Song and Dance Performance
- *In case of weather or other factors causing the suspension of "Impression Lijiang", it will be replaced by other attractions.

D6 **LIJIANG 🚗 (180km) SHANGRI-LA** (B/L/D)

- ☑ Tiger Leaping Gorge (including round-trip escalator)
- ☑ Tibetan Dress Change (including one set of Tibetan clothing per person + simple hair and makeup)
- ☑ Dukezong Ancient Town (home to the world's largest prayer wheel)

D7 **SHANGRI-LA 🚄 (5 hours) KUNMING** (B/L/D)

- *Take high-speed train to Kunming
- ☑ Songzanlin Monastery (Includes buggy)

D8 **KUNMING ✈️ TRANSIT CITY ✈️ PENANG** (B/L/MOB)

- ☑ Daguanlou Park
- *The scenery varies with the seasons: in spring, enjoy tulips and bougainvillea; in summer, admire lotus flowers; in autumn, observe chrysanthemums; in winter, encounter red-billed gulls.

TOURIST ATTRACTIONS:

LIJIANG (Average Altitude at 2400m)

- ◆ **Lijiang Old Town** - With a history more than 800 years founded in the late Southern Song dynasty. More than 300 ancient stone bridges linked with the river, trees, ancient alleys and houses.
- ◆ **Jade Dragon Snow Mountain** - Mountain altitude of 4506 meters, cable way with the total length of 2914 meters, vertical height difference of 1150 meters, the cable way is one of the highest tourist cable ways in China.
- ◆ **Blue Moon Valley** - It is known as "Little JiuZhaiGou", presenting the world most vibrant colors and the clearest pond water just at the bottom of the snow mountain.

DALI (Average Altitude at 2090M)

- ◆ **Dali Ancient City** - The ancient city retains a historical atmosphere that is hard to come by in other parts of China. Shops can be found selling marble products, tie-dye, straw braid and signature meals from the ethnic Bai.
- ◆ **Xizhou ethnic Bai Taste Three Course Tea and Performance** - Witness traditional Ethnic Bai dance and other ancient performances and taste the three-course tea.
- ◆ **Dali Ideal State** - Known as Dali Santorini, situated in-front of Cangshan Mountain and facing Erhai Lake, slow down your step and have a relaxing afternoon tea with the beautiful scenery here.

ZHONGDIAN (SHANGRI-LA) (Average Altitude at 3160m)

- ◆ **Sumtsenling Monastery** - The largest Tibetan Buddhist Temple at Yunnan and Kang district. It plays a decisive role in the entire Tibetan area and is known as the "Little Potala Palace".
- ◆ **Dukezong Ancient Town** - Also known as "Moonlight Ancient City", it means White Stone City in Tibetan. Here you can also visit the largest prayer wheel in the world, entering the Guinness Book of Records.

LUGU LAKE (AVERAGE ALTITUDE AT 2690m)

- ◆ **Liwubi Island** - The way to Hulu Lake is through a spectacular winding mountain road. You will be amazed by the 50 square kilometers of lake surrounded by the mountain slopes. Head to Liwubi Island, the region's biggest island.
- ◆ **Gemu Goddess Mountain** - The highest peak in Lugu Lake. According to Mosuo mythology, this mountain is the embodiment of the Gemu Goddess.

KUNMING

- ◆ **Golden Horse and Jade Rooster Archway** - It has a history of nearly four hundred years. 12 meters high and 18 meters wide, with exquisite carved beams and painted buildings. The iconic building of Kunming.
- ◆ **Qianwang Old Street** - Best spot to witness Kunming's urban life. Strolling through the old streets, you can see the old houses and varieties of shops.

Experiences:

From Shangri-La to Kunming, take a high-speed train across one of the most beautiful railways in China.



✓ 7 Breakfasts / 7 Lunches / 7 Dinners

Special Cuisine:

Caravan Cuisine

Wild Mushroom Hot Pot

Tusi Banquet



HOTEL OR SIMILAR (7 NIGHTS)

- ✓ Holiday Inn Express Kunming West or similar x 2 Nights
- ✓ Santayuan Cangshan Garden Hotel or similar x 1 Night
- ✓ Lijiang Xianghe No.1 Holiday Hotel or similar x 2 Nights
- ✓ Lugu Lake Haijing Hotel or similar x 1 Night
- ✓ Shangri-La Yijin Muyun Hotel or similar x 1 Night

Optional Tour : Yunnan Image Song and Dance Show (Ticket B) [RMB 300 / person]

Disclaimer: Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic is affected by the above issue. All pictures are for illustration purpose only.

General Information

· 云南 YUNNAN ·



货币 Currency 	Chinese Yuan - CNY Renminbi - RMB 中国元 - CNY 人民币 - RMB	信用卡 Credit Card 	* 银联卡 (UNION PAY) 在中国大多地方能使用, VISA和MASTER卡较为限制 * UnionPay cards are widely accepted in most locations, while VISA and MasterCard are only accepted at a limited number of places
货币兑换率 Exchange Rate 	10 CNY = MYR 6.20 10 元 = 马币 6.20 <small>*Subject to currency of the day* *以当天汇率为准*</small>	拨号代码 Dial Code 	China : +86 中国 : +86
电压 Voltage 	Voltage - 220 V 电压 - 220伏特	插座 Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
时差 Time Difference 	China - Malaysia and China are in the same time zone 中国 - 马来西亚与中国处于同一时区	行李托运 Luggage Allowance 	Each individual are entitled to check in 1 luggage of not more than 25 kg and a hand carry bag not more than 7 kg. 每人只限携带一件不超过7公斤的手提行李上机, 以及托运行李不超过25公斤。
气候 Weather 	<input type="checkbox"/> Spring 春季 3月 - 5月 Mar to May 10°C ~ 22°C <input type="checkbox"/> Summer 夏季 6月 - 8月 Jun to Aug 15°C ~ 25°C <input type="checkbox"/> Autumn 秋季 9月 - 11月 Sep to Nov 12°C ~ 22°C <input type="checkbox"/> Winter 冬季 12月 - 2月 Dec to Feb 5°C ~ 16°C <small>*Subject to weather of the day* *以当天天气报告为准*</small>		
飞机型号 Aircraft Type 	A320 Boeing 777		

Departure Date: 出发日期:	<input type="text"/>	Flight: 航班行程:	<input type="text"/>
Tour Fare: 团费:	<input type="text"/>	Airport Tax & Fuel Surcharge: 机场税及燃油附加费:	<input type="text"/>
Tipping: 小费:	<input type="text"/>	Agent Collection Fee: 旅行社代收费:	<input type="text"/>
Visa: 签证:	<input type="text"/>	Travel Insurance: 旅行保险:	<input type="text"/>
		TOTAL: 总数:	<input type="text"/>

GD Partner:

