

6D4N 东京/长野/山梨 + 地狱谷野猿公苑

Jigokudani Yaen Koen 地狱谷野猿公苑

TOKYO / NAGANO / YAMANASHI



行程次序,以当地旅社安排为准。 Sequences of Itinerary are subject to local arrangement.





SCHEDULE

D1 DEPARTURE of TOKYO (MOB)

☑ Check in Hotel

D2 TOKYO 🖨 NAGANO

(B/L/D)

- ☑ Shiraito no Taki Waterfalls
- ☑ Kumoba Pond
- ☑ Karuizawa Prince Shopping Plaza

D3 NAGANO

(B/L/D)

- ☑ Jigokudani Yaen Koen Garden
- ☑ Zenkoji
- ☑ Zenkoji Omotesando

D4

NAGANO 🖨 YAMANASHI

(B/L/D)

- ☑ Matsumoto Castle
- ☑ Oishi park
- ☑ Kawaguchiko Lake
- ☑ Kawaguchiko Cafe

 "With a view of Mt Fuji" (with Ice Cream)
- ✓ Oshino Hakkai (Viewing Mt.Fuji - depending on the weather)

D5

YAMANASHI ₽ TOKYO ★ DEPARTURE

(B/L/D)

- ☑ Sensoji Asakusa Temple
- ☑ Nakamise Street
- ☑ Shinjuku
- ☑ Ginza

D6

ARRIVAL

(MOB)



√ 4 Breakfast / 4 Lunch / 4 Dinner

Special Cuisine:

- ★ Pork Set
- ★ Onsen Resort Cuisine
- ★ Sukiyaki Set
- ★ BBQ Set
- ★ Ramen or Shinano Soba Set

TOURIST ATTRACTIONS:

NAGANO

- ◆ Jigokudani Yaen Koen Garden There is the only hot spring in the world dedicated to wild monkeys. To get to Jigokudani Monkey Park, you must walk through a forest for about 1.6 kilometers. Hiking in the valley forest is also a highlight. You can smell the fragrance of the trees and the fresh air along the way, making the walk very relaxing. After the establishment of the Japanese Macaque Conservation Area in 1964, many monkeys gathered here. The monkeys imitated humans by taking hot spring baths, and this behavior became a habit for the monkeys in this area after being passed down from generation to generation.
- ◆ Zenkoji With a history of about 1,400 years, the temple enshrines Japan's oldest Buddha statue. It has been renowned throughout Japan since ancient times, and there is even a saying: "No matter how far, you must visit Zenko-ji Temple at least once.
- ◆ **Kumoba Pond** Located in Karuizawa, one of Japan's premier highland resorts, the serene lake is a classic sightseeing spot. In the early days, when the area was a villa district for foreigners, swans would fly in during the winter, hence it is also known as "Swan Lake.

YAMANASHI

◆ Oshino Hakkai - is a scenic spot in Japan's Fuji Five Lakes region, consisting of eight crystal-clear springs. Forming eight beautiful ponds, known as the "Eight Springs of Oshino," it stands as a local natural attraction.

TOKYO

- ◆ Sensoji (Asakusa Kanon Temple) Is dedicated to the god of mercy, Kanon. And is famous for its Kaminari-mon or Thunder Gate. And you could walk along Nakamise Shopping Arcade, is bustling with people buying traditional Japanese snacks, which you could see many snack stalls demonstrate how they make it and then sell it still piping hot.
- Shinjuku Centered around the Tokyo Metropolitan Government Building and a street lined with skyscrapers and office buildings, Shinjuku is known for its shopping and entertainment facilities. At its heart lies Kabukicho, renowned as the city that never sleeps, making it one of Japan's rare entertainment districts.



HOTEL OR SIMILAR (4 NIGHTS)

✓ Hotel JAL City Tokyo Toyosu or similar

✓ Hotel Cypress Karuizawa or similar

✓ Hotel Buena Vista or similar

✓ Fuji Mihana Resort or similar

: Onsen Hotel

x 1 Night

x 1 Night

x 1 Night

x 1 Night

Disclaimer: Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic a ected by the above issue. All pictures are for illustration purpose only.





精简行程

第一天 启程 不 东京

(机上用餐)

☑ 入住酒店

第二₹ 东京 🗐 长野

(早/午/晚)

- ☑ 白丝瀑布
- ☑ 云场池
- ☑ 轻井泽町王子购物广场

美 长野

(早/午/晚

- ☑ 地狱谷野猿公苑
- ☑ 善光寺
- ☑ 善光寺表参道

第四天

长野 🖨 山梨

(早/午/晚)

- ☑ 松本城
- ☑ 大石公园
- ☑ 河口湖
- ☑ 河口湖富士山咖啡厅 (特别安排每人一支冰淇淋)
- ☑ 忍野八海 (远眺富士山, 视气候而定)

第五天 山梨 🖨 东京 🛪 回程

- ☑ 浅草雷门观音寺
- ☑ 仲见世商店街
- ☑ 新宿歌舞妓町
- ☑ 银座

第六天 抵达

(机上用餐



✓ 4早餐/4午餐/4晚餐

风味餐:

- ★ 炸猪排定食
- ★ 温泉酒店料理
- ★ 寿喜烧定食
- ★ 烧肉定食
- ★ 拉面或荞麦料理定食

观光景点:

长野

- ◆ 地狱谷野猿公苑 这里有着世界唯一野生猴子专用的温泉,要前往地狱谷野猿公苑需要穿越一片树林大概1.6公里,徒步在山谷森林也是一个亮点,沿途中可以闻到树木芬芳的味道和清新的空气一路步行心情都很放松。这边在1964年设立了日本猕猴保育区后,聚集了许多猴子。这里的猴子模仿起人类泡温泉,世代相传后,成为这一区猴子的习性。
- ◆ **善光寺** 约有1400年的历史,寺院内供奉着日本最古老的佛像。 自古就在日本全国享誉盛名,还留有「再远也要去善光寺参拜一次」的说法。
- ◆ **云场池** 位处日本数一数二的高原度假胜地轻井泽的沉静湖泊,是观光行程中的经典景点。当地早期为外国人别墅地区的时期,一到冬季会有天鹅飞来,因此有「天鹅湖」之称。

山梨

◆ **忍野八海** - 是日本富士五湖地区的景点,由八个清澈的泉眼组成。这些泉眼形成了八个美丽的池塘,被称为"忍野的八个泉眼",是当地的自然风景胜地。

东京

- ★ 浅草雷门观音寺 建于7世纪的佛庙,其象征物是风雷神门,上面挂着写有"雷门"两个字的大红灯笼,这里每天都有前来参拜的观光客,终年熙熙攘攘。您也可在该寿前的热闹街道"仲见世"购物,此处满布出售纪念品的小店及当地小吃的日式店铺。
- ◆ **新宿** 东京都政府大楼、高楼大厦林立的事务所一条街。以购物、娱乐综合设施为中心的新宿,被誉为不夜城的歌舞伎町为中心的日本少有的娱乐区。



酒店住宿(4晚)

- ✓ 东京丰洲日航都市酒店或同级
- ✓ 轻井泽赛普拉斯酒店或同级
- ✓ 布耶那彼斯特酒店或同级
- ∠ ✓ 富士美花度假村或同级

巡:温泉酒店

x 1 晚

x 1 晚

x 1 晚

x 1 晚

免责声明:由于新冠肺炎疫情旅行限制当地/宗教节日,公众假期,天气状况,交通等情况,自然灾害,必要时黄金旅程保留对行程进行适当调整(调整景点游览顺序)以确保行程顺利进行,会或否事先通知。

General Information

· 日本 JAPAN ·

货币 Currency	Japanese Yen - JPY 日元 - JPY	信用卡 Credit Card	* 致电信用卡在日本都能通行 * Credit card are used widely in Japan
货币兑换率 Exchange Rate	100 JPY = MYR 3.30 100 日元 = 马币 3.30 *Subject to currency of the day* *以当天汇率为准*	拨号代码 Dial Code	Japan : +81 日本 : +81
电压 Voltage	Voltage - almost always 100 V 电压 - 100 伏特	插座 Power Socket	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin
时差 Time Different	Japan - 1 hour ahead of Malaysia 日本 标准时差快 马来西亚 时间1小时	行李托运 Luggage Allowance	Each individual are entitled to check in 1 luggage of not more than 20 kg and a hand carry bag not more than 7 kg. 每人只限携带一件不超过7公斤的手提行李上机,及托运行李不超过20公斤。
气候 Weather	Spring 春季 Summer I 3月 – 5月 6月 – 8月 Mar to May Jun to Aug 20℃ - 6℃ 28℃ - 19℃	9) S S	Autumn 秋季 □ Hand Winter 冬季 □ Hand 12 H
飞机型号 Aircraft Type	A330		
Departure Da 出发日期: Tour Fare: 团费: Tipping: 小费: Visa: 签证:	ate:	Flight: 航班行程: Airport Tax & Fue 机场税及燃油附加 Agent Collection 旅行社代收费: Travel Insurance: 旅行保险:	加费: I Fee:
	GD Partner:	TOTAL: 总数:	



GD Partner:	`