

Amazing 中国  
CHINA 中国

9D7N  
昆明 / 丽江 / 大理 /  
香格里拉 / 泸沽湖

KUNMING / LIJIANG / DALI /  
SHANGRI-LA / LUGU LAKE

Tour Code: CKT-3

 **Golden**<sup>®</sup>  
Destinations



China  
中国



Jade Dragon Snow Mountain  
玉龙雪山

行程次序，以当地旅社安排为准。  
Sequences of Itinerary are subject  
to local arrangement.





Blue Moon Valley  
蓝月谷



The Impression of Lijiang  
印象丽江歌舞表演



Songzanlin Monastery  
松赞林寺

## 精简行程：

### 第一天 启程 ✈️ 昆明 (机上用餐)

- ☑ 入住酒店

### 第二天 昆明 🚗 (390公里) 大理 (早/午/晚)

- ☑ 洱海生态廊道
- ☑ 大理古城 (洋人街)

### 第三天 大理 🚗 (340公里) 泸沽湖 (早/午/晚)

- ☑ 泸沽湖观景台
  - 情人滩
  - 里格观景台
  - 篝火晚会

### 第四天 泸沽湖 🚗 (220公里) 丽江 (早/午)

- ☑ 猪槽船游里务比岛
- ☑ 摩梭博物馆
- ☑ 黑龙潭
- ☑ 丽江古城 (四方街、大水车、油纸伞巷)

### 第五天 丽江 (早/午/晚)

- ☑ 玉龙雪山 (含冰川公园大索道 + 环保车)  
(注: 如遇冰川公园大索道停运, 则调整为云杉坪 (含往返索道 + 栈道电瓶车))
  - 蓝月谷 (含电瓶车)
  - 印象丽江秀 (如遇剧场维修或天气等不可抗力因素停演, 将更换其他同级演出)
  - 玉水寨
- ☑ 束河古镇

### 第六天 丽江 🚗 (180公里) 香格里拉 (早/午)

- ☑ 噶丹松赞林寺 (含环保车)
- ☑ 独克宗古城 (送藏服体验)
  - 龟山公园 (转经筒)

### 第七天 香格里拉 🚗 (180公里) 沙溪古镇 🚗 (130公里) 大理 (早/午/晚)

- ☑ 虎跳峡景区 (含上下扶梯)
- ☑ 沙溪古镇

### 第八天 大理 🚗 (320公里) 昆明 ✈️ 启程 (早/午/晚)

- ☑ 喜洲古镇 (含三道茶)
- ☑ 钱王老街
- ☑ 金马碧鸡坊

### 第九天 抵达 (机上用餐)

## 观光景点：

### 丽江 (平均海拔约2400米左右)

- ◆ **丽江古城** - 古城内的街道依山傍水修建, 以红色角砾岩铺就, 体现了中国古代城市建设的成就, 是中国民居中具有鲜明特色和风格的类型之一, 国家AAAAA级景区。
- ◆ **玉龙雪山** - 在纳西语中被称为“欧鲁”, 意为“天山”。其十三座雪峰连绵不绝, 宛若一条“巨龙”腾越飞舞, 故称为“玉龙”。又因其岩性主要为石灰岩与玄武岩, 黑白分明, 所以又称“黑白雪山”。是纳西人的神山, 传说纳西族保护神“三朵”的化身, 国家AAAAA级景区。

### 泸沽湖 (平均海拔约2690米左右)

- ◆ **泸沽湖风景区** - 位于云南省与四川省交界处, 为川滇共辖, 泸沽湖以其典型的高原湖泊自然风光和独特的摩梭母系民族文化形成了特色突出的自然景观与人文景观, 身临其境, 水天一色, 水平如镜, 缓缓滑翔于碧波之上的猪槽船和徐徐漂浮于水天之间的摩梭民歌, 使其更增添几分古朴, 几分宁静, 是一个远离器市、未被污染的湖泊, 有高原明珠的美誉。

### 中甸 (香格里拉) (平均海拔约3160米左右)

- ◆ **虎跳峡** - 分为上虎跳、中虎跳、下虎跳三段, 受两岸高山的紧紧束缚, 江流入峡后宽仅50多米, 最窄处虎豹一跃即过, 故名虎跳峡。峡谷距离丽江市市区80千米, 峡谷在金沙江上游, 全长17千米, 迂回道路25千米, 峡谷垂直高差3900多米, 是世界上最深的峡谷之一。曾因山崩截流, 今巨石遗留, 致使水势更加汹涌, 国家AAAA级景区。
- ◆ **松赞林寺** - 是云南省规模最大的藏传佛教寺院, 也是康区有名的大寺院之一, 还是川滇一带的黄教中心, 在整个藏区都有着举足轻重的地位, 被誉为“小布达拉宫”。该寺依山而建, 外形犹如一座古堡, 集藏族造型艺术之大成, 又有“藏族艺术博物馆”之称。

### 大理 (平均海拔约2090米左右)

- ◆ **沙溪古镇** - 位于云南省剑川县东南部, 距县城32千米, 地处大理、丽江、香格里拉三大旅游区之间, 东南与洱源县交界, 西北与剑川县弥沙、羊岑、甸南相邻, 先后获得云南省级历史文化名镇、国家历史文化名镇、云南旅游名镇、108个中国村庄名片、中国乡村文化遗产地标村庄名录等荣誉称号。
- ◆ **喜洲古镇** - 重要的白族聚居的城镇, 这里有着保存最多、最好的白族民居建筑群。从布局上看是典型的“三坊一照壁”及“四合五天井”的白族庭院格局, 充分体现了白族人民的建筑才华和艺术创造力。



✓ 7早餐 / 7午餐 / 5晚餐

风味餐：

- ★ 老滇风味
- ★ 石锅鱼风味
- ★ 藏族风味
- ★ 雪厨藏香猪小火锅
- ★ 白族风味



酒店住宿 (7晚)

- ✓ 昆明丽怡酒店或同级 x1晚
- ✓ 大理三塔苑苍山花园酒店或同级 x2晚
- ✓ 泸沽湖海境酒店或同级 x1晚
- ✓ 丽江金茂凯悦臻选酒店或同级 x2晚
- ✓ 香格里拉蜀锦沐云酒店或同级 x1晚

自费项目：云南映像歌舞表演乙票 [人民币300/人]

免责声明：由于新冠肺炎疫情旅行限制当地/宗教节日, 公众假期, 天气状况, 交通等情况, 自然灾害, 必要时黄金旅程保留对行程进行适当调整 (调整景点游览顺序) 以确保行程顺利进行, 会或否事先通知。

备注：如果旅游行程受到上述问题的影响, 将不予退款或更换。图片仅供参考。





**Dukezong Ancient City**  
独克宗古城



**Guishan Park**  
龟山公园



**Shuhe Ancient Town**  
束河古镇

**SCHEDULE**

**D1 DEPARTURE ✈️ KUNMING (MOB)**

- ☑ Check In Hotel

**D2 KUNMING 🚗 (390km) DALI (B/L/D)**

- ☑ Erhai Ecological Corridor
- ☑ Dali Ancient City (Foreigner Street)

**D3 DALI 🚗 (340km) LUGU LAKE (B/L/D)**

- ☑ Lugu Lake Viewing Platform
  - Valentine's Beach
  - The Rigg Observatory
  - The Bonfire

**D4 LUGU LAKE 🚗 (220km) LIJIANG (B/L)**

- ☑ Boat Tour In Wubi Island
- ☑ Rousseau Museum
- ☑ Black Dragon Pool
- ☑ Lijiang Old Town  
(Sifang Street, Big Water Wheel, Oil Paper Umbrella Lane)

**D5 LIJIANG (B/L/D)**

- ☑ Jade Dragon Snow Mountain  
(Include cable way + Eco-car)  
*(In case of cable way suspended due to any unforeseen circumstance, will replace with Yunshaping Ropeway + electric shuttle)*
  - Blue Moon Valley (Include Buggy Car)
  - Impression Lijiang Show *(If show suspended due to unforeseen circumstances of weather condition, will replace with other similar show)*
  - Jade Water Village
- ☑ Shuhe Ancient Town

**D6 LIJIANG 🚗 (180km) SHANGRI-LA (B/L)**

- ☑ Kattan Songzanlin Temple (Include Eco-Car)
- ☑ Dukezong Ancient City (FREE Tibetan Clothing Experience)
  - Guishan Park (Rotary)

**D7 SHANGRI-LA 🚗 (180km) SHAXI ANCIENT TOWN 🚗 (130km) DALI (B/L/D)**

- ☑ Tiger Leaping Gorge Scenic Area (Include Escalator)
- ☑ Shaxi Ancient Town

**D8 DALI 🚗 (320km) KUNMING ✈️ DEPART (B/L/D)**

- ☑ Xizhou Ancient Town (Include Three Courses Of Tea)
- ☑ Qianwang Street
- ☑ Golden Horse & Jade Rooster Archway

**D9 ARRIVAL (MOB)**

**TOURIST ATTRACTIONS:**

**LIJIANG (Average Altitude at 2400m)**

- ◆ **Lijiang Old Town** - the streets of the ancient city are built near the mountains and by the water, covered with red breccia, reflecting the achievements of ancient Chinese urban construction, is one of the types of Chinese residential houses with distinctive characteristics and style, the national AAAAA scenic spot.
- ◆ **Jade Dragon Snow Mountain** - It is called "Oru" in Naxi language, which means "Heaven Mountain". Its thirteen snow peaks are endless, like a "giant dragon" jumping and flying, so it is called "Jade Dragon". And because its lithology is mainly limestone and basalt, black and white, so it is also called "black and white snow mountain". It is the sacred mountain of Naxi people, the embodiment of the legendary Naxi protection god "three Duo", and the national AAAAA level scenic spot.

**LUGU LAKE (Average Altitude at 2690m)**

- ◆ **The Lugu Lake Scenic Area** - located at the junction of Yunnan Province and Sichuan Province, is jointly administered by Yunnan and Sichuan. Lugu Lake, with its typical highland lake natural scenery and unique Mosuo matriarchal culture, has formed a distinctive natural and cultural landscape.

**ZHONGDIAN (SHANGRI-LA) (Average Altitude at 3160m)**

- ◆ **Tiger Leaping Gorge** - divided into three sections of tiger jumping, middle tiger jumping and next tiger jumping, tightly bound by the mountains on both sides. It has been blocked by landslides and left behind by boulders, causing the water to become more turbulent. It is the national AAAA scenic spot.
- ◆ **Songzanlin Temple** - is the largest Tibetan Buddhist temple in Yunnan Province, one of the famous monasteries in Kang District, and the center of yellow religion in Sichuan and Yunnan. It plays an important role in the whole Tibetan area and is known as the "Small Potala Palace". Built on the mountain, the temple looks like an ancient castle, which integrates Tibetan plastic arts and is also known as the "Tibetan Art Museum".

**DALI (Average Altitude at 2090M)**

- ◆ **Shaxi Ancient Town** - It borders Eryuan County in the southeast and Misha, Yangcen and Diannan in Jianchuan County in the northwest. It has won various honors such as Yunnan Provincial Historical and Cultural Town, National Historical and Cultural Town, Yunnan Tourism Town, one of the 108 China Village Cards, and China Rural Cultural Heritage Landmark Village List.
- ◆ **Xizhou Ancient Town** - an important town of Bai residents, here has the most preserved and best Bai residential buildings. From the perspective of layout, it is a typical Bai courtyard pattern of "three squares and one view wall" and "four and five courtyards", which fully reflects the architectural talent and artistic creativity of the Bai people.



✓ 7 Breakfast / 7 Lunch / 5 Dinner

**Special Cuisine:**

- ★ Old Yunnan Flavor
- ★ Tibetan Flavor
- ★ Stone Pot Fish Flavor
- ★ Snow Kitchen Tibetan Pig Hot Pot
- ★ Bai Flavor



**HOTEL OR SIMILAR (7 NIGHTS)**

- ✓ Kunming Country Inn & Suites or similar class x1 Nights
- ✓ Dali Santayuan Garden Hotel or similar class x2 Nights
- ✓ Lugu Lake Haijing Hotel or similar class x1 Night
- ✓ Hyatt Hotel Lijiang Jinmao or similar class x2 Nights
- ✓ Shangri-La Shujin Muyun Hotel or similar class x1 Night

**Optional Tour : Yunnan Song and Dance Performance [RMB 300/PAX]**

Disclaimer: Due to Covid-19 travel restrictions, local / religious festivals, public holidays, weather condition, transport technical issue, acts of nature, Golden Destinations reserved the right to alter the sequence or change, amend or alter the itinerary if necessary, with or without prior notice.

Remark: There will be no refund or replacement if the tour logistic affected by the above issue. All pictures are for illustration purpose only.

# General Information

## · 云南 YUNNAN ·



<b>货币</b> Currency 	<b>中国元</b> - CNY <b>人民币</b> - RMB <b>Chinese Yuan</b> - CNY <b>Renminbi</b> - RMB	<b>信用卡</b> Credit Card 	* 致电信用卡中心, 以延长你的信用卡额度 * Major credit cards such as Visa and Master card are mostly widely used
<b>货币兑换率</b> Exchange Rate 	<b>10 元 = 马币 6.50</b> <b>10 CNY = MYR 6.50</b> <small>*Subject to currency of the day* *以当天汇率为准*</small>	<b>拨号代码</b> Dial Code 	<b>中国</b> : +86 <b>China</b> : +86
<b>电压</b> Voltage 	<b>电压 - 220伏特</b> <b>Voltage - almost always 220 V</b>	<b>插座</b> Power Socket 	类型 / Type A - 两脚扁型插头 / 2 flat blade pin 类型 / Type B - 两脚扁型 + 一圆型插头 / 2 flat blade pin + 1 round pin 类型 / Type I - 八字扁型脚+接地孔 / 3 Oblique flat blade pin "V-shape"
<b>时差</b> Time Different 	<b>中国 - 时间与马来西亚时间标准时无相差</b> <b>China - No time different with Malaysia</b>	<b>行李托运</b> Luggage Allowance 	每人只限携带一件不超过7公斤的手提行李上机, 以及托运行李不超过20公斤。 Each individual are entitled to check in 1 luggage of not more than 20 kg and a hand carry bag not more than 7 kg.
<b>气候</b> Weather 	<input type="checkbox"/> <b>Spring 春季</b> 3月 - 5月 Mar to May 20°C ~ 6°C <input type="checkbox"/> <b>Summer 夏季</b> 6月 - 8月 Jun to Aug 28°C ~ 17°C <input type="checkbox"/> <b>Autumn 秋季</b> 9月 - 11月 Sep to Nov 23°C ~ 15°C <input type="checkbox"/> <b>Winter 冬季</b> 12月 - 2月 Dec to Feb 19°C ~ 6°C <small>*Subject to weather of the day* *以当天天气报告为准*</small>		
<b>飞机型号</b> Aircraft Type 	<b>A330</b> <b>B737</b> <b>B787</b>		

Departure Date: 出发日期:	<input type="text"/>	Flight : 航班行程:	<input type="text"/>
Tour Fare: 团费:	<input type="text"/>	Airport Tax & Fuel Surcharge: 机场税及燃油附加费:	<input type="text"/>
Tipping: 小费:	<input type="text"/>	Agent Collection Fee: 旅行社代收费:	<input type="text"/>
Visa: 签证:	<input type="text"/>	Travel Insurance: 旅行保险:	<input type="text"/>
		TOTAL : 总数:	<input type="text"/>



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