

THE SIGNATURE

BY  PREMIUM TOUR

7D
5N

UNIQUE OF CENTRAL JAPAN

REVEAL A JAPANESE TREASURE ROUTE

TOKYO / UTSUNOMIYA / GUNMA / KUSATSU / TSUNAN / JOETSU / NAGANO / KARUIZAWA

别样的日本中部

· 为你揭秘日本人的宝藏路线

东京 / 宇都宫 / 群馬 / 草津 / 津南 / 上越 / 長野 / 轻井泽



Kusatsu Onsen
草津温泉

ASIA



Fun Experience

沉浸文化 体验乐趣



疗愈式地亲手打造属于自己用竹子做的纪念品。
Therapeutically handcraft your own
souvenir made from bamboo.



諏访湖

Lake Suwa

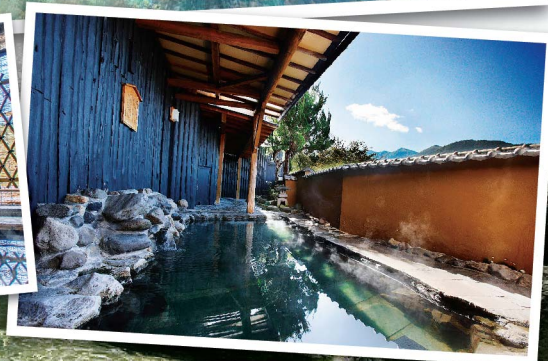
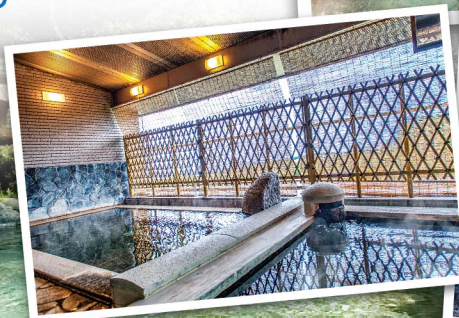
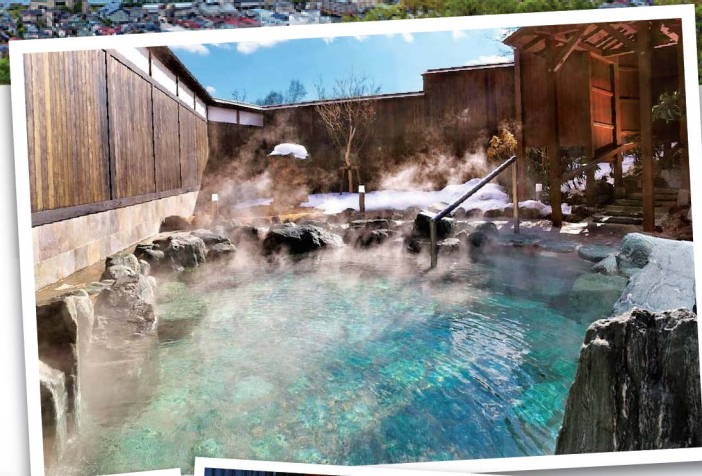
The setting for the popular animated film "Your Name". The largest lake in Nagano. In different seasons, Lake Suwa displays a variety of scenery, and many people come here to walk around and take pictures.

人气动画电影《你的名字》的取景地。长野最大的一个湖泊。不同的季节、諏访湖会呈现出各种不同的景色、很多人会来这里漫步拍照。



感受日本文化，体验一段绝对放松的舒压之旅。
Experience a stress-relieving journey of
absolute relaxation with a Japanese
culture.

连续三晚，入住各有特色的天然温泉酒店！
For 3 consecutive nights, stay at a
variety of natural hot spring hotels.



7D 5N

WE'LL REVEAL A GEM OF A TRAVEL ITINERARY THAT THE JAPANESE DON'T WANT YOU TO KNOW ABOUT!



Konzoin
金藏院

*Only Autumn season arrangement 秋天季节限定

DAY 01 KUL ✈️ NRT (MOB)

DAY 02 NARITA – 150KM – UTSUNOMIYA (HB/LL/HD)
– 26KM – GUNMA

- 🏠 • **Wakatake-no-Mori Wakayama Farm (include DIY):** Because of its Japanese atmosphere, it has been used as a filming location for various films and TV commercials. You can make handicrafts with your friends and family. When you leave, you can take a small handkerchief as a souvenir!

Autumn Season Arrangement:

- ※Attraction will be visit during autumn season, otherwise there will no visitation of this attraction.
- A Japanese niche maple leaf-viewing place - **Konzoin** - is like entering a fairytale world in autumn! The maple leaves intertwine in the sunshine, as if building a stunning maple tunnel!
- ※The accuracy of the above attractions cannot be fully guaranteed as the climate changes from year to year.

- 🏠 • **Mt. Asama Magma Stone Park:** this otherworldly landscape of black, craggy rocks was created from molten lava when Mt. Asama erupted in 1783. At the center of the park is Asamayama Kannon Temple, built in 1958 to remember those who died in the disaster. People pray here to ward off bad luck.
- After dinner at the hotel, put on your kimono and go for a walk at **Kusatsu Onsen**, which has been ranked No. 1 in Japan's Top 100 Hot Springs for 15 consecutive years, and enjoy the hot air flowing like a waterfall in the centre of the onsen town.

DAY 03 GUNMA – 100KM – NIIGATA (HB/LL/HD)
TOKAMACHI – 22KM – TSUNAN

- 📷 • **Bijinbayashi** - All year round has a different beauty, just like in the painting! It is also a popular tourist destination visited by many photography enthusiasts.
- 🏠 • Enjoy the four seasons of **Kiyotsukyo Gorge**, one of Japan's three great gorges. The scenery is reflected in a reflecting pool in a beautiful art space, combining the magnificence of nature with contemporary art to create an impressively beautiful atmosphere and fantastic views.

Meal Codes:

*MOB=Meals on Board/HB=Hotel Breakfast/HD=Hotel Dinner/LL=Local Lunch/LD=Local Dinner

Disclaimer:

Sequences of itinerary are subject to local arrangement. Itineraries, meals, hotels and transportation are subject to change without prior notice.

DAY 04 TSUNAN – 56KM – JOETSU (HB/LL/HD)
– 64KM – NAGAGO

- 🏠 • **Hakkaisan Brewery Snow Room** - A brewery cellar at the Hakkaisan Brewery, where you can enjoy sake and shochu with about 1,000 tonnes of snow piled up to keep the temperature at about 5°C for a long period of time.
- 📷 • **Yokoteyama in the Shibu-toge** (Includes two-way cable car) where has beautiful endless peaks, and the view from the observation deck is fantastic, with Shirane Volcano, Mount Shiga and the Northern Alps in full view on a clear day, as well as Mount Fuji and the Sea of Japan in the distance.
- 🏠 • **Snow Monkey Park:** In spring and summer, you can see cute baby monkeys and monkeys raising their babies. In autumn, you can see mating behaviour and other ecological features. Only in winter can you see the Japanese macaque monkeys soaking in a hot spring with snow on their heads to resist the cold.

DAY 05 NAGANO – 100KM – KAMIKŌCHI (HB/LL/LD)
– 145KM – KARUIZAWA

- Explore a historic town, **Obuse**, known for its chestnut dessert, sake and miso brewery. There are rustic shops, gardens, temples and local food.
- 📷 • From **Kappa Bridge**, facing upstream, you can enjoy an excellent view of the summit of Mount Hotaka and Myojin-dake. The downstream side of the bridge has a very active volcano, which also provides an excellent view of the Mount Yake, and the area around the Kappa Bridge is surrounded by Japanese larch and willow trees.
- **Visit during mid of april to mid of November. During winter will be changed to ski resort for snow fun!**
- 🏠 • **Take a cruise around Lake Suwa** and enjoy the breathtaking views of the lake and mountains from the lake.

DAY 06 KARUIZAWA – 240KM – TOKYO (HB/LD)

- 🛍️ • Enjoy leisure time shopping at the **Karuizawa Outlet Mall**, Japan's largest outlet mall with about 240 shops!

Autumn Season Arrangement:

- ※Attraction will be visit during autumn season, otherwise there will no visitation of this attraction.
- **Kumoba Pond** has a beautiful name of "Swan Lake", autumn is a good season to enjoy the maple, red maple reflected in the clear water like a mirror, there is a poetic.
- ※The accuracy of the above attractions cannot be fully guaranteed as the climate changes from year to year.

DAY 07 TOKYO ✈️ ARRIVE KUL (HB/MOB)

- After breakfast in hotel, depart to airport for taking flight back to Kuala Lumpur with fond memories.



7天 5晚

为你揭秘一段日本人 不想让你知道的宝藏旅游路线!

第01天 吉隆坡 ✈️ 东京成田

(机上用餐)

第02天 成田 - 150KM - 宇都宫
- 26KM - 群马

(酒店早餐/道地午餐/酒店晚餐)



• 若竹之杜 若山农场 (含体验): 因有浓浓的日本氛围, 被各种电影和电视广告选为拍摄地。在这里可以和亲朋好友一起动手做手工。离开的时候还可以 带走小手绢伴手礼!

秋天季节限定:

※ 季节以外不参观此景点

• 一个日本小众赏红叶的地方 - 金藏院, 一到秋天就仿佛进入了话世界! 阳光下的枫叶交织, 仿佛建造了一条绝美的枫树隧道!

※ 由于气候每年都有变化, 以上景点的准确性无法完全保证。



• 鬼押出园: 1783年, 浅间火山喷发时, 熔融的熔岩形成漆黑而崎岖的岩石峭壁, 留下了这一超凡景致。浅间山观音堂位于公园的中心, 该寺庙建造于1958年, 人们在此处祈愿祛厄辟邪。

• 在酒店吃完晚餐就穿上和服到连续15年蝉联 [日本温泉100] 第一名的 [草津温泉] 散步、穿着和服拍照并欣赏温泉街中心处的泉源宛如瀑布一般窜流, 使得热气遍布四处。

第03天 群马 - 100KM - 新泻十日町
- 22KM - 津南

(酒店早餐/道地午餐/酒店晚餐)



• 春夏秋冬风情万种的美人林, 一年四季都有不一样的美景, 就像在画中一样! 也是很多摄影爱好者经常访问的旅游圣地。



• 欣赏到日本三大峡谷之一的清津峡的四个季节。风景倒映在美丽艺术空间的倒影池中, 将大自然的壮丽与当代艺术相结合, 营造出令人印象深刻的美丽氛围和奇幻美景。

第04天 津南 - 56KM - 上越
- 64KM - 长野

(酒店早餐/道地午餐/酒店晚餐)



• 八海山酒厂雪室 - 是八海山酒厂的一处酒窖, 堆积了约一千吨的积雪来长期保持在摄氏5°左右, 在这里可以品尝到清酒和烧酒。



• 志贺高原 横手山 (含双程缆车) 拥有连绵不断的美丽山峰, 从山顶观景台放眼望去的景色非常精彩, 天晴时不但可以将白根火山、志贺山和北阿尔卑斯山脉尽收眼底, 还能看到远处的富士山和日本海。



• 地狱谷野猿公苑: 春天至夏天时期, 可以看到可爱的小猴和猴子育儿的模样, 秋天可以看到交配期时特有的行为等生态。只有在冬季才有幸能目睹到日本猕猴头顶着雪泡温泉抵御严寒的可爱模样。

第05天 长野 - 100KM - 上高地
- 145KM - 轻井泽

(酒店早餐/道地午餐/道地晚餐)



• 探索一个历史悠久的小镇 - 小布施, 以栗子点心、日本酒和味噌酿造厂而闻名。这里有古朴的商店、花园、寺庙和当地美食。

• 站在河童桥上, 面朝上游方向, 可以饱览穗高岳顶峰与明神岳, 风景极佳。而面朝下游方向, 则有一座非常活跃的火山, 也是绝佳的烧岳赏景视野, 其徐徐冒烟的火山口无时无刻不在告诫着我们, 河童桥周围一带生长着钻天柳与日本落叶松。

4月中旬-11月中旬参观此景点, 冬季将改为滑雪场玩雪乐!



• 搭乘游览船绕湖, 从湖上欣赏美不胜收的湖光山色。

第06天 轻井泽 - 240KM - 东京

(酒店早餐/道地晚餐)



• 在大约240家店铺汇集在这家日本最大级别的轻井泽奥特莱斯购物中心中自由购物!

秋天季节限定:

※ 季节以外不参观此景点

• 云汤池有“天鹅湖”的美名, 秋天是赏枫的好季节, 红枫倒映在清澈的像镜子一样的水中, 别有一番诗意。

※ 由于气候每年都有变化, 以上景点的准确性无法完全保证。

第07天 东京 ✈️ 抵达吉隆坡

(酒店早餐/机上用餐)

• 在酒店用过早餐后, 前往机场, 带着美好的回忆搭乘航班返回吉隆坡。



Mt. Asama Magma Stone Park
鬼押出园

免责声明:

行程次序以当地旅行社安排为准。行程, 膳食, 住宿, 交通等可能会因不可抗拒因素而更动, 恕不另行通知。



Scenic Excursions 畅游风景 湖光山色



Carefree
悠游

Enjoy relaxation, truly appreciate the world
享受放松 感慨世界美好

Capture
收获

The color & essence of each journey
旅途中的色彩和精髓

Cozy
温馨

Vibes to create joyful moment together
共创愉悦片刻

美人林



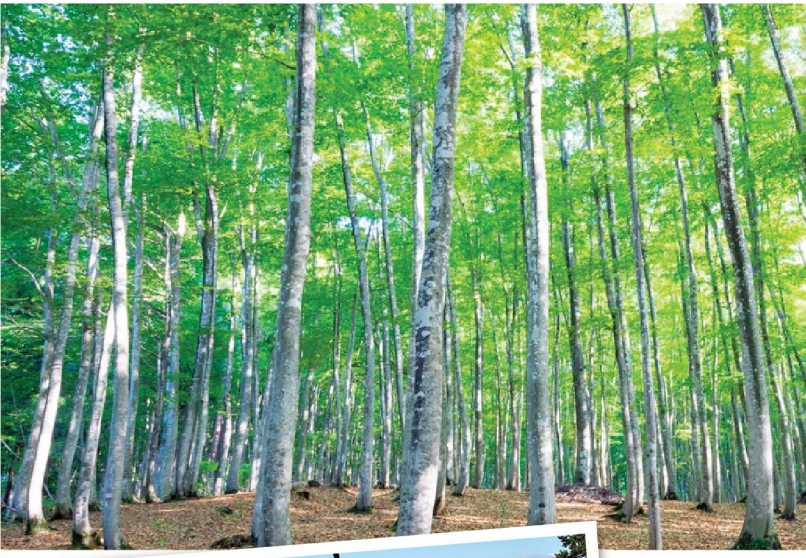
Bijinbayashi

A forest of beech trees over 100 years old, the landscape is neat and beautiful.

一片树龄超过 100 年的山毛榉林，景观整齐而美丽。



美人林



横手山



Yokoteyama

The view from the summit observation deck is amazing, and on a clear day you can see Shirane volcano, Mount Shiga and the Northern Alps.

从山顶观景台放眼望去的景色非常精彩，天晴时不但可以将白根火山、志贺山和北阿尔卑斯山脉尽收眼底。





地狱谷野猿公苑



Snow Monkey Park

It was built to protect the local monkeys, and now many monkeys visit here every day. In summer, you can see them living and playing. In winter, you can see them soaking in the hot spring with snow on their heads.

为了保护当地的猴子而建立的，现在每天都有很多猴子来此游玩。夏季的时候可以看到它们的生活和嬉耍。冬天时就可以看到它们头顶着雪舒服的泡温泉。



河童桥



Kappa Bridge

Popular spot for taking souvenir photos. The air is pleasantly fresh and the river is crystal clear.

是拍摄纪念照的人气景点。桥下潺潺清流，空气清新宜人，河水清澈见底。



清津峡



Kiyotsuyo Gorge

With its tranquil environment and unique geological landscape, Kiyotsukyo Gorge is the ideal place to get away from the hustle and bustle of the city and immerse yourself in the wonders of nature.

清津峡的宁静环境和独特地质景观，是远离城市喧嚣，沉浸在大自然美妙中的理想之地。



Culinary Arrangement 饮食安排



DAY 天	BREAKFAST 早餐	LUNCH 午餐	DINNER 晚餐
01	-	-	飞行中 In-Flight
02	机上用餐 MOB	和风香烤河鱼餐 Japanese Style Grilled River Fish	酒店自助餐 Hotel Buffet
03	酒店早餐 Hotel Breakfast	和味料理套餐 Japanese Flavour Cuisine Set	酒店自助餐 Hotel Buffet
04	酒店早餐 Hotel Breakfast	乡土手打荞麦面 Local Handmade Soba Noodles	酒店会席料理 Kaiseki Set
05	酒店早餐 Hotel Breakfast	山豚肉料理 Japanese Pork Cuisine	时令日式料理 Seasonal Japanese Cuisine
06	酒店早餐 Hotel Breakfast	自理 Own Arrangement	日式烤肉套餐 Japanese Yakiniku Set
07	酒店早餐 Hotel Breakfast	机上用餐 MOB	-



Authentic Service, Lifetime Experience



全心服务 难忘体验



The GD Premium Team embraces your journey with unwavering authenticity, methodically crafting every nuance. Our service stems from the core, characterized by a client-first professionalism, providing wholehearted and adept planning. GD Premium团队满怀真诚，为您的旅程精心雕琢每个细节。我们的服务源自核心，以客户至上的专业精神为特征，提供全心全意和熟练的规划。



Professional Team

专业旅游团队

Our people are certified travel professionals who have over years of experience. Every staff undergoes extensive customer service and quality assurance training.

我们的团队是经过认证的旅游专业人员，拥有超过多年的经验。每位员工都接受了广泛的客户服务和质量保证培训。



Exclusive & Meticulous Route Planning

独家精心策划

Our Exclusive & Meticulous Route Planning ensures every journey is tailored to your dreams and designed with meticulous care. It may provide you with an unforgettable journey!

带您一起用以前所未有的方式来探索世界。我们会提供独家细致的路线规划，确保每一次旅程都根据您的梦想专门定制，让您拥有难以忘怀的旅程体验！



Accommodation 住宿

☆☆☆☆☆

Embark on a complete journey at 4-star hotel, offering a quality & comfortable stay.

全程安排四星级酒店, 让您在整个旅程中享受到有质量且舒适的住宿环境。



STAY 住宿	LOCATION 地点	HOTEL 酒店	RATED 等级	REMARKS 备注
1 Night	Gunma	Kusatsu Now Onsen Resort Hotel or similar	☆☆☆☆☆	Kusatsu Onsen, one of the "Three Great Hot Springs of Japan", is about a 5-minute drive or 15-minute walking distance.
1 Night	Tsunan	New Greenpia Tsunan Onsen Hotel or similar	☆☆☆☆☆	Surrounded by the vast countryside at the base of Mount Naeba, one of the 100 most famed mountains of Japan.
1 Night	Nagano	Ryokan Biyunoyado or similar	☆☆☆☆☆	Biyunoyado was selected as one of Top 25 B&Bs and Inns in Japan by TripAdvisor's Travelers' Choice Award 2013.
1 Night	Karuizawa	Karuizawa Prince Hotel or similar	☆☆☆☆☆	Japan's top resort centre, located in the heart of Karuizawa Castle and also close to the Karuizawa Prince Outlet.
1 Night	Tokyo	Narita Tobu Hotel Airport or similar	☆☆☆☆☆	



THE SIGNATURE
BY PREMIUM TOUR

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